

# love good hope

The Good Hope Hospital Charity Newsletter



Good Hope  
Hospital  
Charity  
Issue 5



GHHCharity



@GHHCharity



goodhopehospital.org.uk

*Help us bring a  
Midwifery Led  
Unit to the hospital*

**Find out how you can join our events and  
support patients at the hospital!**

*Thank  
you!*

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# Mike's letter



## What we do at Good Hope Hospital Charity

Together with your help we raise money to provide world-class facilities for patients and their families at Good Hope Hospital that go 'over and above' what the NHS can provide. We spend your generous donations on refurbishing patient and family areas, providing 'added extras' that help make patients more comfortable and entertained at the hospital, and providing toys and games for children, making trips to Good Hope easier for them and their parents.

Hello and welcome to the latest edition of Love Good Hope, the official newsletter for Good Hope Hospital Charity. This edition is packed full of lots of exciting news from around the hospital, including information about a number of refurbishments that the Charity is funding.

One of the best parts about working for Good Hope Hospital Charity is getting to meet and hear about all of the amazing people who have done something special to raise money to support patients and staff at the hospital. As always, this edition includes a celebration of our incredible Charity Champs who have helped to raise funds for their ward or department.

There are lots of events coming up in 2019 that give you the opportunity to experience a new challenge, whether that's climbing a mountain,

running a 10k, or jumping from a plane, there are lots of ways that you can get involved.

We always want to hear from you, you can get in touch via social media, just search @GHHCharity on Facebook and Twitter. You can visit our website at hospitalcharity.org or call us on 0121 371 4852.

Thank you for all that you do for the Charity, without your support it would not be possible for us to provide added extras for staff, patients and families at the hospital. With your continued support, we will be able to go 'over and above' for patients at Good Hope Hospital.

**Mike Hammond**  
Chief Executive,  
Good Hope Hospital Charity

## In this issue...

### Children's Outpatients Department refurbishment

Thanks to your support, the Children's Outpatients Department at Good Hope Hospital is being transformed into a light and bright atmosphere for the thousands of children who visit the department each year. Turn to pages six and seven to find out more.

### Midwifery Led Unit

The Charity has launched a new appeal to bring a Midwifery Led Unit to Good Hope Hospital, providing a new childbirth option to mothers in Sutton Coldfield and the surrounding areas. Turn to pages eight and nine to find out more.

### Great Midlands Fun Run

The Great Midlands Fun Run is a highlight in the Sutton Coldfield calendar. Turn to page four to learn more about how you can get involved this year.

### Celebrating our Charity Champs

On pages 10 and 11 you can learn more about just some of the incredible people who have gone 'over and above' for patients at the hospital, raising money to support specific wards and departments.

### Join one of our events

Check out our handy diary dates page opposite, or turn to page 15 to read more about some of the events that are coming up this year. They might inspire you to take part, or hold an event of your own!

### Where your money has been spent

Turn to page 14 to read about where your generous donations have been spent around the hospital.



# Dates for your diary

## GREAT MIDLANDS FUN RUN

2 June, Sutton Coldfield

The Great Midlands Fun Run is perfect for everyone, including children, families and groups of friends, as you can choose whether you want to walk, run or jog! The route is eight and a half miles long so is great for a long summer stroll! By walking, running or jogging for the hospital charity you will receive a free fundraising pack and an invite to our post-race reception!

**Entries are open now, book your place at [greatmidlandsfunrun.org](http://greatmidlandsfunrun.org) and contact [laura.power@uhb.nhs.uk](mailto:laura.power@uhb.nhs.uk) when you have signed up to receive your fundraising pack!**



## Great Birmingham 10K

26 May, Birmingham City Centre

Take part in a running challenge for 2019 and sign up to the SimplyHealth Great Birmingham 10K. Running for Brum and supporting the hospital charity means you can help to support children and elderly patients.

The hospital charity gives you access to training hints and tips for the race, fundraising materials, and one of our running tops! Every runner will receive a goodie-filled finisher's pack and a timing chip for accurate times.

**Book your place now at [hospitalcharity.org/events](http://hospitalcharity.org/events) and contact [roisin.mooney@uhb.nhs.uk](mailto:roisin.mooney@uhb.nhs.uk) when you have signed up and you will receive your free fundraising pack!**

## Snowdon Challenge

7 September

Join the hospital charity and take on the Snowdon Challenge as it returns for 2019. Climb Mount Snowdon with your friends or colleagues and raise money to support patients at Good Hope Hospital.

Tickets cost £45 with a minimum sponsorship of £150. This includes coach travel to and from Birmingham City Centre, snacks and water to help you complete your challenge, fundraising kit and advice and professional guides to walk with you.

**Visit [hospitalcharity.org/events](http://hospitalcharity.org/events) to book your place or contact [roisin.mooney@uhb.nhs.uk](mailto:roisin.mooney@uhb.nhs.uk) for more information**

Some of these events may have passed but you can keep up to date with what's happening by visiting [hospitalcharity.org/events](http://hospitalcharity.org/events)

## Simply Health Great Birmingham Run

13 October

Fancy taking on the ultimate challenge of running in 2019's Great Birmingham Run? The half marathon was a great success last year for the hospital charity and this year we want it to be bigger than ever!

Sign up for a free charity place, raising a minimum of £250 in sponsorship, or purchase an external place for £36.

This event is only open to over 17s. Your ticket will include an exclusive medal and t-shirt, goodie-filled finisher's pack, a timing chip for accurate results as well as free training and advice. You will also gain access to the Charity's exclusive pre and post-race reception, complete with sports massage for those weary limbs!

**Visit [hospitalcharity.org/events](http://hospitalcharity.org/events) to book your place or for more information, contact [roisin.mooney@uhb.nhs.uk](mailto:roisin.mooney@uhb.nhs.uk)**

## The Nature Valley Classic

17 June

Join the hospital charity for a day of tennis right here in Birmingham with the Nature Valley Classic. The Classic is one of the premier grass court tennis events in the run-up to Wimbledon and you can enjoy a day of world class tennis whilst raising money for the hospital charity.

**Visit [hospitalcharity.org/events](http://hospitalcharity.org/events) to buy your tickets and find out more.**

# Great Midlands Fun Run

**The Fun Run is back! The Great Midlands Fun Run is great for anyone who wants to take part in a challenge for the Charity but doesn't want to take part in a race. You can walk, run or jog this challenge with all of your friends and family and raise money for your local hospital. You can even bring your dog!**

In 2018, over 100 participants decided to run, walk or jog in aid of Good Hope Hospital Charity and this year we want to double that and have even more people



supporting the patients, staff and families who go through the hospital every day.

By supporting Good Hope Hospital Charity you could help us work towards some of our 2019 goals and provide 'added extras' at the hospital that go over and above what the NHS can fund for patients, staff and families.

The track begins in Sutton Coldfield's town centre, and then you enter the beautiful Sutton Park at Boldmere Gate, finally going back to the town centre where you will have completed the 8.5 mile route! The track is described as 'challenging but lots of fun'!

By choosing the hospital charity, you will be provided with a fantastic fundraising pack which will include sponsorship forms, posters and running vests for all participants if you are taking part in a team.

Laura Power, Fundraising Manager at Good Hope Hospital Charity, said: "Last year we had 100 amazing supporters who took part in the Fun Run and loved every minute of it. That included staff, ex-patients, families and even their pets! This year we want to have at least 200 people taking part for the Charity to help us reach our goals and provide the best care possible for our patients."

Further on in this issue you can see some of the appeals we are fundraising for and you can help make these become a reality. You could help raise money for a new Midwifery Led Unit which will give mothers another option



of how they want to have their baby. The Charity also has an ongoing Children's appeal, or you



could even donate to a ward or department of your choice and the money you raise will go towards funding 'added extras' that go over and above what the NHS can fund.

**To find out more about the Great Midlands Fun Run please visit [greatmidlandsfunrun.org](http://greatmidlandsfunrun.org) where you can also purchase your places, once you have a place email [laura.power@uhb.nhs.uk](mailto:laura.power@uhb.nhs.uk) to register for your free fundraising pack!**

# 5 minutes with...

**Christine Morrell**  
Paediatric Unit Health Play Specialist

**We spent five minutes catching up with Christine Morrell, a Play Specialist at Good Hope Hospital, to get to know more about what her job entails.**

## **Hi Chris, can you tell me a little bit about your job and what you do at Good Hope Hospital?**

I work on the Paediatric Unit as a Health Play Specialist. Health Play Specialists work as part of the multi-disciplinary team providing play as a therapeutic tool for children and young people who are in hospital. As a play service, we work across sites providing play from 7:30am until 8pm. I work alongside fantastic nursery nurses and have enjoyed the job I do for 30 years now.

## **What do you enjoy most about your job?**

I enjoy arranging for entertainers to come in and see the children and young people, as hospital can be very boring for not only the children, but the parents as well. It helps to give the children some normality and something to look forward to.

## **How does the Charity make a difference to your job?**

We were able to put on a pantomime for the regular patients at the hospital and have a magician and balloon modeller in for the children. This wouldn't have been possible without the fantastic work that the hospital charity does. They were able to provide the funding for the pantomime and also provide selection boxes for the children. The Charity has been very supportive of the play team and is currently fundraising to improve the children's areas of the hospital, including the Children's Outpatients Department. The refurbishment will be great for the children and will make the area



brighter and all of the new games and play areas will be a distraction for them during appointments.

## **What do you do in your spare time?**

In my spare time I enjoy watching Birmingham City Football Club, and I have two grandchildren who keep me extremely busy! I also have family in Yorkshire and Devon so I like to visit them and do lots of walking.

## **What would you say to anyone who is thinking about fundraising for Good Hope Hospital Charity?**

If anyone is thinking of fundraising for the Paediatric Unit, please do. Every

penny makes a difference to the children and goes towards providing welcome distraction from what can be a very boring and distressing time.



**To find out more about the children's departments and to donate to the Children's appeal, please visit [hospitalcharity.org/childrenandyoungpeople](http://hospitalcharity.org/childrenandyoungpeople)**

# Making the hospital

Last year we brought you the news of the Children's appeal launching at Good Hope Hospital. This year, thanks to your donations, we have been able to begin the £300,00 refurbishment of the Children's Outpatients Department at the hospital.

Each year, 30,000 children are treated at Good Hope Hospital for a range of conditions, including life-threatening and life-limiting ones. As well as children with these types of conditions, some children are making their first hospital visit at Good Hope Hospital. Visiting the hospital can be a daunting experience for children which can make the visit stressful for parents and staff as well.

The aim of the Children's appeal is to renovate and refurbish the children's departments within the hospital, and make them more child-friendly, calm and colourful. Although visiting the hospital may never be an enjoyable experience, it is sometimes hard for a child to understand why they are there, so filling the areas with toys, activities and games will make it a little bit better for them and relax them more.

Thanks to your donations, the refurbishment has already been completed in the Radiology Department where a colourful play area has been built with lots of toys



Before

for children of all ages. Changes have also begun on the Children's Outpatients Department, where so far the entryway and main corridor of the department have been completed.

The main area of the department is now home to a spacious play area with toys for children of all ages including a game station, colouring pads, sensory toys and an interactive floor projector.

Laura Power, Fundraising Manager at Good Hope Hospital Charity, said: "Thanks to everyone who has donated to the Children's appeal so far, we have been able to begin the work on the children's areas throughout the hospital. Although

the work has started, we still need your help to complete it.

"The children who visit the hospital, whether it is for regular visits or a one-off, will benefit from the changes to the departments throughout the hospital. Having more colourful and child-friendly areas means that children will feel more comfortable in the hospital and will be less anxious about their visits, therefore making it less stressful for parents and staff too."

None of this would be possible without your support and there is still lots to be done, and you can still get involved with the Children's appeal and raise money to help support it at Good Hope Hospital. Join one of the fantastic events coming up this year or set up your own fundraising event at work or in the community.

**Find out more about our events on our website:**  
[hospitalcharity.org/events](http://hospitalcharity.org/events) or contact [laura.power@uhb.nhs.uk](mailto:laura.power@uhb.nhs.uk).  
**Or you can donate online at**  
[hospitalcharity.org/childrenandyoungpeople](http://hospitalcharity.org/childrenandyoungpeople)



Before



Before



Before

# brighter for children



After



After



After

**Thank you to all of these donors who have made a significant difference to the Children's appeal:**

To help Good Hope Hospital Charity start on the refurbishment throughout the children's areas at the hospital, some amazing donations have come through from Sutton Coldfield Charitable Trust, the Royal Sutton Coldfield Town Council, Friends of Good Hope Hospital and the late Sir Doug Ellis.

A huge thank you goes to all of the donors for their incredible contributions to this appeal. The new department will make a huge difference to all of the children, their families and the staff who treat them, and will make the hospital a less daunting place for them to visit. The late Sir Doug Ellis said: "The hospital charity's Children's appeal struck a chord. This is my way of saying thank you for the care I received whilst at the same time making visits a little bit less daunting for those children needing treatment."

*Thank you!*

# Midwifery

**Having a baby is a very special time in parents' lives, and in the build up to the delivery date, the bond between mother and midwife becomes very strong as the midwife supports the mother through her pregnancy.**

More recently, there has been an increase in demand for Midwifery Led Units where the midwife assists with a natural birth as the mother wants the midwife to look after her and her baby throughout the birth.

Parents in Sutton Coldfield who wanted to give birth in a Midwifery Led Unit would have to travel to

to benefit from the support of midwives in a specialist unit.

Good Hope Hospital Charity is now raising almost one million pounds to create the new unit which will support new mothers in the Sutton Coldfield area. The Charity is already over two-thirds of the way to its target after already receiving generous donations.

Friends of Good Hope Hospital have made their largest ever single donation to the Midwifery Led Unit appeal and have donated an amazing £150,000 which started the fundraising off last year.

With £300,000 left to raise, the work



a different hospital. Now, Good Hope Hospital Charity is delighted to announce that we will be creating the town's very own unit at the hospital.

Over 3,500 babies are born each year at Good Hope Hospital and by having a Midwifery Led Unit, more mothers will be able

is due to start this year and we are hoping that the generous people of Sutton Coldfield will help us bring the Midwifery Led Unit to the hospital.

The unit will be a home to four new birthing rooms, two of which will have birthing pools. There will

also be two new overnight rooms which will provide a home away from home for mothers, focusing on family centred care, creating a more relaxed environment.

Talking about the Midwifery Led Unit, Maggie Coleman, Matron for Maternity Services at Good Hope Hospital, said: "It is hard to put into words just how much difference a Midwifery Led Unit will make to parents having their baby at Good Hope Hospital.

"Allowing midwives to focus on the mother's needs and wishes before, during and after the birth, in a relaxed environment, helps to reduce the stress and anxiety of child birth and give the mother and her baby the perfect start to their life together.

"I would like to say a massive thank you to everyone who has donated already, in particular to Friends of Good Hope Hospital, and would really encourage people to support their local hospital."



# y Led Unit



36 midwives from Good Hope Hospital took on the Sutton Fun Run!

## This is how you could help:

To help more women give birth in an environment of their choosing, you can help by taking part in an upcoming event, creating your own fundraising event, or by donation your spare change. Here are a few ideas that you could do to help raise money:

- Take part in one of our exciting fundraising events, you could climb Mount Snowdon, leap from the sky at 15,000ft and do a tandem skydive, or even walk, run or job at the Great Midlands Fun Run with all of your family! Take a look at page three to see what we have going on and to see how you can get your ticket to any event.
- If none of these thrill-seeking challenges are for you, why don't you create your own? There are plenty of things that you can do at home, in the office or in school which can help raise incredible funds, and awareness, of the Midwifery Led Unit here at Good Hope Hospital. In the past we have had lots of bake sales, tea parties and even scavenger hunts that people and companies have set up to help raise money! Why don't you set one up with your friends, family and colleagues and get fundraising?
- Or, if you'd rather make a donation towards the Midwifery Led Unit, no matter how big or small, all donations will help us towards the goal of completing the unit and providing women with another option of how to have their baby. To make a donation, please visit [hospitalcharity.org/donate](http://hospitalcharity.org/donate) or contact [laura.power@uhb.nhs.uk](mailto:laura.power@uhb.nhs.uk) if you want to set up an event and need fundraising materials.



## Town Council and Friends of Good Hope Hospital donate to boost Children’s appeal

The Royal Sutton Coldfield Town Council made a generous donation of £10,000 to Good Hope Hospital Charity’s Children’s appeal.

Councillor David Pears, Chair of the Amenities, Leisure and Community Services



committee, said: “We are delighted to support the hospital charity’s Children’s appeal with a community grant. For children and their parents, hospital appointments can be anxious times, so it is important to create a welcoming space to help everyone keep calm. Looking after the health and wellbeing of residents is a priority for the Town Council and we are pleased to support our local hospital.”

Friends of Good Hope Hospital matched the Town Council’s donation by donating a further £10,000 to the Children’s appeal at the hospital.

Tony Cannon, Chair of Friends of Good Hope Hospital, said: “The Friends are pleased to match the generous donation of the Royal Sutton Coldfield Town Council with a further £10,000. The children’s facilities at the hospital are in need of updating and this appeal will provide the extras that exceed the basic NHS provision and provide a much better patient experience for the children and their parents.”



## Accountants raise money for newborns in need



Boston Bailey Group, an accountancy firm in Birmingham, raised an amazing £1,830 for the Special Care Baby Unit at Good Hope Hospital by taking part in a scavenger hunt. The group came up with the idea after hearing about the unit from a family member and wanted to fundraise to help the newborns in need.

Anne Clarke, from Boston Bailey Group, said: “We heard all about the Special Care Baby Unit at Good Hope Hospital from my daughter who works there. We all wanted to help raise money for the unit and all of the babies who are treated on it. We did a scavenger hunt around the Jewellery Quarter and everyone loved it!”



**Laura Power, Fundraising Manager at Good Hope Hospital Charity, says thank you for the money donated over the past six months. The money donated will be used to provide added extras for the Children’s appeal. This will make the Children’s appeal more appealing for patients and their families and will minimise**

## Family raise money to help improve bereavement service

Sara and Ian Chalmers found out at 35 weeks and five days pregnant that their baby had stopped breathing so when Sara gave birth, the family spent time on the Snowdrop Suite, Good Hope Hospital's bereavement area.

Even though the couple had been through a traumatic time, they wanted to, along with their son, pictured, friends and family, raise money to help improve the bereavement services at Good Hope. A huge group of them raised an amazing £1,620 which topped their target of £500.

The couple said: "This is very close to us as the midwives who looked after us at Good Hope were amazing and we want to be able to give something back to them. The room is a great resource for families when dealing with such difficult situations."



Charity Champs

## Jaguar Land Rover spread Christmas cheer

The team from Jaguar Land Rover and Syncreon in Minworth and Solihull took their turn in helping out Good Hope Hospital Charity over the festive period. From helping the Charity deliver our Christmas hampers to all of the wards and departments that are working over the festive period, to taking part in Festive Jumper Day, the group managed to raise £120 towards the Christmas appeal here at Good Hope Hospital.

Darren Parsons, IMO Senior Quality Engineer at Jaguar Land Rover, said: "It has been amazing to get the team involved in supporting Good Hope Hospital Charity.

"It was our pleasure to come in and help out in delivering the hampers, we all really enjoyed going round to the different wards and being able to see what a difference these hampers will make to the staff during the Christmas period. We are all really chuffed with how much we raised by doing Festive Jumper Day too!"

The group are also hoping to take part in even more events throughout the year to support the hospital charity.



Charity Champs

## New Hall Hotel charity partner of 2018

New Hall Hotel partnered with Good Hope Hospital Charity in 2018 to help fundraise for the added extras that the Charity provides for patients, staff and families at the hospital.

Throughout the year, the team at New Hall Hotel took part in plenty of events to get their fundraising going! A group of 12 took part in the Great Midlands Fun Run. The team also hosted raffles over the months, took part in Festive Jumper Day over the Christmas period and hosted an incredible fundraising ball to end the year!

All together, the team raised over £1,300 which will help the Charity go over and above what the NHS can fund.



Charity Champs

**id: "Thank you so much to everyone who has fundraised for us in the tras across the whole hospital and will especially help the appeals we ren's Outpatients Department a brighter and more comfortable space stress for those who pass through it every day."**

Thank you!

# New bereavement services at Good Hope Hospital

**Over 11,000 babies are born at Good Hope Hospital and Heartlands Hospital every year, but unfortunately, some of these babies have complications along the way meaning that families will sometimes have to use the bereavement services.**

Good Hope Hospital is lucky enough to have its own bereavement suite supported by the hospital charity, called the Snowdrop Suite, which helps care for mothers and families who sadly lose their baby through miscarriage, stillbirth or neonatal death. The unit provides a peaceful and private environment for parents in their time of need.

So far, the Charity has been able to fund a CuddleCot for the suite. CuddleCots keep the baby cool, which extends the period of time that parents can spend with their baby on the Snowdrop Suite after giving birth.

Although Good Hope Hospital has this amazing facility which has helped so many people get through one of the most difficult times in their lives, the Charity will be improving the bereavement

services that the hospital has to offer. The improvements will offer even better care for women and their families, and give them room to grieve for their loved ones.

The new project that Good Hope Hospital Charity is launching will mean that a bereavement delivery suite will be created on the existing Delivery Unit. Currently, mothers who know that they have lost, or will lose their baby are giving birth in the same place as every other mother. This suite will mean complete privacy with sound-resistant walls so they can give birth to their baby on their own and their family can stay in a separate, designated family room.

Talking about the project, Clare Beesley, Bereavement Midwife, said: "This new delivery suite will be invaluable to mothers who sadly lose their baby due

to neonatal death, miscarriage or stillbirth. Our bereavement services are used every week and we strive to give the best possible care, this new delivery room will help them achieve that and give families privacy during such a devastating time.

"Mothers will not be the only ones affected by this refurbishment, partners, siblings and other family members will also benefit from the new suite as it will give them a chance to spend time together and come to terms with their loss."

The Charity will continue to provide 'added extras' for the unit, from cutting-edge pieces of technology, to patient comforts and support, donations from supporters will allow the Charity to go 'over and above' for parents and families who, sadly, visit the Snowdrop Suite.



# Services for families and Hope

## Family fundraiser for lost babies

Sophie Langstaff was admitted to Good Hope Hospital delivery suite in May 2018 with the sad knowledge that her twins, Fraser James and Parker James, would not survive.



Fraser was born on 15 May 2018, passing away shortly after being born, but Sophie and her husband Jordan were able to keep him close thanks to the CuddleCot that keeps the baby cool, allowing parents to spend longer with their baby after they've passed away. Two days later, Parker was born and sadly, he also passed away shortly after being born.

Sophie said:

**“It was without a doubt the hardest week of our lives.”**

After this incredibly difficult time, Sophie and Jordan were taken to the Snowdrop Suite, Good Hope Hospital's bereavement suite, which allows parents to spend time with their babies, and receive specialist support from the staff on the ward.

Now, Sophie and Jordan have turned their attention to fundraising for the ward where they were treated, and have hosted a glamorous ball at the Abbey Hotel in Great Malvern.

Sophie has close connections to Good Hope Hospital, having been born there herself and giving birth to her daughters Maddison and Olivia at the hospital.

Sophie said: “We are determined to raise money for the hospital where I was treated, we want to help other parents who will go through the same traumatic experiences that we endured. I know that the money we raise will help to make a difference to parents in the future.”

The couple are not the only ones who are helping to fundraise for the new bereavement services, Sophie's mum helped to organise the ball and has also ran the Leicester marathon for the bereavement services at Good Hope after Sophie and Jordan spent time there with Fraser and Parker.

Laura Power, Fundraising Manager at Good Hope Hospital Charity, said: “The Charity is incredibly grateful to Sophie and Jordan for organising the ball to raise money to support the Snowdrop Suite at Good Hope. It's hard to imagine what they have both been through, and to have come through it and fundraise to help parents like them in the future shows how strong they are. On behalf of everyone at Good Hope Hospital, I want to say thank you for their fundraising, it will make so much difference.”

**You can still donate to their JustGiving page by visiting [justgiving.com/crowdfunding/fraserjames-parkerjames](https://www.justgiving.com/crowdfunding/fraserjames-parkerjames)**



# Where your money has been spent

Thanks to your generous donations, Good Hope Hospital Charity has been able to go 'over and above' for departments, staff and patients throughout the hospital.

## New baby heart monitors

The Charity has been able to fund new state-of-the-art equipment that can monitor the individual heartbeats of twins and triplets accurately. This will enable staff to analyse the heartbeat of a baby in pregnant women who are not in labour. The Charity has been able to fund this machine which will make a huge difference in supporting ambulatory antenatal care, reduce the inappropriate antenatal and inpatient admissions and the lessen the risk of induction to labour. Good Hope Hospital



delivers 3,500 babies each year and this monitor will ensure that the hospital is providing the best possible care for pregnant women and their unborn babies. Foetal monitoring is one of the most important procedures to prevent perinatal morbidity and mortality, so this is an incredible piece of equipment that will help improve the care of more patients at Good Hope Hospital.

## Learning centre for staff

Good Hope Hospital Charity has successfully renovated and upgraded the Partnership Learning Centre on site of the hospital grounds to improve the facilities that are already on site. The upgrade means that the facilities are now able to be used



to provide up-to-date and advanced training for doctors, nurses and other medical professionals, which will therefore improve the quality of care given at the hospital. As well as providing

more training opportunities, the centre is a home to clinical simulation suites and a Human Tissue Authority licensed laboratory which will allow for the preparation and storage of human and animal tissue for simulation teaching purposes.

## Remembrance seeds

The Charity has also been able to fund bereavement seeds which are little packs of forget-me-nots that are being given to parents who spend time on the Snowdrop

Suite so they have a little something to remember their baby by. The Charity doesn't only fund the bereavement seeds for families; they also have the option to make a memory box for their baby whilst they are spending time with them on the bereavement unit. The memory box can contain pictures, foot and hand prints and the forget-me-not seeds.



Thank you!

# Join our events!



## Sky's the limit

Each year, hospital charity supporters take to the skies to raise money for patients at a hospital of their choice. A tandem skydive offers a thrill like no-other, as you leap from a plane at 13,000 feet over the beautiful Oxfordshire countryside.

Skydivers such as 80 year old Derek Smith, whose last experience of jumping out of a plane was in the 1950s whilst he was serving with the British Army thoroughly enjoyed the experience. Derek said "It was my 80th birthday and I decided to do something a bit different". If like Derek you too have a big celebration or want to take on the thrill of a life time for the hospital charity, then this is certainly the event for you!

**Visit [hospitalcharity.org/events](http://hospitalcharity.org/events) to view the event dates running from June to September 2019. Book your place for just £50 with a minimum sponsorship requirement of £300.**

**Please email [roisin.mooney@uhb.nhs.uk](mailto:roisin.mooney@uhb.nhs.uk) or phone 0121 371 4852 for more information.**



## Sutton Fun Run

If you're looking for a fun way of fundraising with your family and friends then The Great Midlands Fun Run is for you! The event will see many participants of all ages and abilities take to Royal Sutton Coldfield town centre with one main objective... to have fun while fundraising for your local charity!

Run, jog or walk 8.5 miles for Good Hope Hospital Charity. All monies raised will help to provide 'added extras' that help support the hospital's patients and the staff who treat them.

**For more information about how to book The Great Midlands Fun Run places please contact [laura.power@uhb.nhs.uk](mailto:laura.power@uhb.nhs.uk) or phone 0121 371 4852**

## SimplyHealth Great Birmingham Run 2019

The SimplyHealth Great Birmingham Run is one of the biggest half marathons in the UK, thousands of runners take to the streets of Birmingham every year to run the 13.1 mile race.



Runners from all walks of life with inspiring stories have previously participated in the Great Birmingham Run. From

people who have recovered from life-saving brain surgery to those who have set themselves a challenge to get fit, anyone can take part and run for the hospital charity of their choice! Joy Johnson, a Clinical Research Facilitator at QEHB participates every year said: "I did my first event when I was 51 and since then I have done one every year, the atmosphere is brilliant and I will be back for number five this year"

**To read more about the Great Birmingham Run, which is taking place on 13 October 2019 visit [hospitalcharity.org/events](http://hospitalcharity.org/events).**



# All you need to know about contacting the hospital charities

If you would like to get in touch with Good Hope Hospital Charity, Solihull Hospital Charity or Heartlands Hospital Charity, the names and numbers you need are included here in our handy tear-off guide:

Main office:

**Tel:** Charity Chief Executive - Mike Hammond 0121 371 4852  
Head of Fundraising - Justine Davy 0121 371 4852  
**Email:** charities@uhb.nhs.uk  
**Website:** www.hospitalcharity.org

## Good Hope Hospital Charity

**Tel:** 0121 371 4852 or 07512 141 432  
**Email:** Fundraising Manager - Laura Power laura.power@uhb.nhs.uk  
**Website:** www.goodhopehospital.org.uk

## Solihull Hospital Charity

**Tel:** 0121 371 4852 or 07920 756 709  
**Email:** Fundraising Manager - Rachel Learmonth rachel.learmonth@uhb.nhs.uk  
**Website:** www.solihullhospital.org.uk

## Heartlands Hospital Charity

**Tel:** 0121 424 0606 or 07407 635 081  
**Email:** Fundraising Manager - Sian Averill sian.averill@uhb.nhs.uk  
**Website:** www.heartlandshospital.org.uk

If you work at any of the three hospital sites and receive queries or donations, please give us a call on the main office number and we will come and see you. Thanks!



**Good Hope  
Hospital  
Charity**

