

love Solihull

Solihull Hospital Charity Newsletter

 SHospCharity  @SHospCharity  solihullhospital.org.uk

 Solihull
Hospital
Charity
Issue 3



*Black Sabbath legend
Tony Iommi backs
new cancer centre
at Solihull*

**Find out how you can join our events and
support patients at the hospital!**

*Thank
you!*

Mike's letter



What we do at Solihull Hospital Charity

Together with your help we raise money to provide world-class facilities for patients and their families at Solihull Hospital that go over and above what the NHS can provide. We spend your generous donations on refurbishing patient and family areas, providing 'added extras' that help make patients more comfortable and entertained at the hospital, and providing toys and games for children, making trips to Solihull Hospital easier for them and their parents.

Hello and welcome to the third edition of Love Solihull, the official newsletter of Solihull Hospital Charity. This edition is packed with news from the Charity and updates on where your money has been spent, alongside incredible stories from fundraisers who have done amazing things to support staff and patients at the hospital.

This year marks the 70th Anniversary of the NHS and there are plenty of ways that you can get involved to mark this momentous year. Read on to find out how the 70th anniversary of the NHS is being marked at Solihull Hospital.

Solihull Hospital Charity is delighted to have the support of Black Sabbath legend Tony Iommi as he becomes patron of Ward 19, the dedicated cancer ward at Heartlands Hospital which is soon to have a base at Solihull Hospital as chemotherapy services are extended to reflect the growing need across the West Midlands. Read more about his support in this newsletter and find out a few interesting facts about his life and career!

The coming months bring with them a whole range of events that you can get involved in to raise money to

support patients, staff and families at Solihull Hospital. From taking part in the Birmingham Triathlon to jumping from a plane on one of the special Charity skydiving days or pulling on your trainers for the Great Midlands Fun Run, there's no limit to the challenges you can take part in for your local hospital.

The Charity always loves to hear from you. If you're on social media make sure you're following our accounts, just search @SHospCharity on Facebook and Twitter to find out more. If you want to get in touch with us, please call the Charity main office on 0121 371 4852, email charities@uhb.nhs.uk or go to heft.org.uk.

Solihull Hospital Charity relies on the support of people like you, without whose hard work it would not be possible for the Charity to go 'over and above' for patients at the hospital. I look forward to continuing to hear more inspirational stories from people who have done incredible things to raise money for the Charity.

Mike

**Mike Hammond
Chief Executive,
Solihull Hospital Charity**

In this issue...

We spend five minutes with heavy metal legend Tony Iommi

Turn to page five to find out more about Tony Iommi and how he is supporting the Charity's refurbishing of a ward at the hospital to support cancer patients in the West Midlands, as well as learning a few facts about the Black Sabbath founder!

Charity Champs do amazing things to raise money

Pages eight and nine are full of incredible stories of just some of the fundraisers who have brought in money to help support patients at Solihull Hospital. Read on to learn more and get inspired for your own fundraising events!

Solihull Hospital Charity launches new children's appeal

Turn to page six to read about the Charity's exciting new appeal that will renovate the children's outpatients department at the hospital.

Staff Superstars go 'over and above'

Solihull Hospital is lucky to be home to lots of staff members who are prepared to go 'over and above' for the patients that they treat. Learn more on page ten about some wonderful members of staff at the hospital who have taken on challenges for the Charity.



Dates for your diary

Sunrise Snowdon

14 April, Snowdonia National Park

Take on a new, exciting challenge this spring and climb Mount Snowdon, at night! The coach will be departing from Birmingham City Centre at 10pm, arriving at Snowdon at approximately 2am, ready to scale the mountain to watch the sunrise from the summit. This really is a once in a lifetime opportunity and one not to be missed! It is essential that you have an appropriate level of physical fitness on the day of the event and that you have all necessary kit, including the compulsory head torch. A place is £55 and the minimum sponsorship is £150, which can be raised for any ward or department within the hospital.

If you miss the April Snowdon, or would rather climb during the day then join the hospital charity on 15 September. A place is £45 with a minimum sponsorship of £100.

For more information contact sophie.carroll@uhb.nhs.uk and for the kit list or to book either of these events, go to heft.org.uk/events

Simplyhealth Great Birmingham 10K

Birmingham City Centre • 6 May

Solihull Hospital Charity is delighted to once again offer places for the Simplyhealth Great Birmingham 10K. Beginning in the city centre, the route goes to Digbeth, across to Cannon Hill Park and the iconic Edgbaston Stadium before returning to the city for the big finish.

Sign up for your place at heft.org.uk/events and contact rachel.learmonth@uhb.nhs.uk to receive your free fundraising pack!

GREAT MIDLANDS FUN RUN

SUTTON COLDFIELD | 3 JUNE

This run is the perfect way to start the running season, taking place in Sutton Coldfield and attracting visitors from all over the West Midlands. This fun run is 8.5 miles and courses through Europe's largest urban park, Sutton Park. Run, jog or walk this 'challenging but fun' route!

For more information please contact rachel.learmonth@uhb.nhs.uk

Wiggle Forest Ranger Sportive

Sunday 21 October

Uttoxeter Racecourse, Staffordshire

Join the hospital charity for an epic cycle around the beautiful Midlands countryside. Take on a variety of distances ranging from 44 to 86 miles. The course will take you through the most scenic parts of East Staffordshire and Leicestershire counties, also encapsulating the most enticing cycling roads around The National Forest.



Enter at ukcyclingevents.co.uk and email charities@uhb.nhs.uk to receive your free fundraising pack!

Great North Swim

8-10 June.

Lake Windermere

Join Solihull Hospital Charity for its first swimming event! Great North Swim is the UK's biggest open-water swimming event in the beautiful Lake District location of Lake Windermere. The event takes place over three days and you can choose which day and time to do your swim. The swim is one mile and takes on average 45 minutes. Charity places are free with a minimum of £250 in sponsorship.

For more information contact rachel.learmonth@uhb.nhs.uk or go to heft.org.uk/events to book.

Some of these events may have passed but you can keep up to date with what's happening by visiting heft.org.uk/events

70th anniversary

2018 marks 70 years of the NHS and whilst the technology has changed, the people who work within it have remained dedicated to providing the best care to their patients. Can you raise £70 for the 70 years of the NHS and help the Charity to continue to go 'over and above' for patients at Solihull Hospital? The Charity spoke to some members of staff from Solihull Hospital to hear about why they're celebrating this year.

Name: Tristan Stantan

Job role: Matron for Solihull Hospital's Acute Medical Unit and Minors

Time at the Trust: 12 years working at Solihull Hospital

What does your job in the NHS mean to you? I love to make a difference to people's lives, making them better after they've been ill



is extremely rewarding and doing that with the support of such an excellent team is great. Having worked at Solihull for such a long time, I have seen the hospital grow and change, and the staff members grow with it. Our jobs have changed as technology has advanced but our primary aim: to serve the local community, is the same as ever. The Charity has made a big difference to our jobs as well, their support for the NHS allows us to carry out cutting-edge research, and make our patients' stays in hospital even more comfortable.

Name: Catherine Ray

Job role: Senior Sister on Acute Medical Unit Short Stay

Time at the Trust: 18 years

What does your job in the NHS mean to you? I love working for the NHS, it is an organisation that will touch everybody's lives at some point from babies and young people, to adults, the NHS is always there for you when you need it most. My job in the NHS means caring for and giving compassion to patients, especially those who are

vulnerable and need it most. I love being able to nurse people back to full health when they've been ill, and seeing them leave the hospital in a better condition than when they arrived, and knowing that I had something to do with that gives me a huge amount of satisfaction.



Name: Helen Rooney

Job role: Paediatric Nurse

Time at the Trust: Worked in the NHS for 23 years

What does your job in the NHS mean to you? I enjoy being a nurse and working with children and their families. I love to put a smile on the patients' faces and supporting the families when they need it. It can be scary as a child coming into hospital, even just for an outpatient appointment, being poked and prodded by people in uniforms



can be daunting but making them laugh and seeing their smiles when they leave is great. It can equally be upsetting for parents whose children may be poorly, so I get the best of both worlds in my job as I get to work with adults too, and reassure them.

I also enjoy working alongside the Charity to raise funds to improve the department.

Here are seven ways you can raise £70 for Solihull Hospital Charity

1. Leg wax
2. Coffee morning for you and your friends
3. Beard shave
4. Raffle - ask local businesses for prizes!
5. Give up something you love such as chocolate, crisps or coffee?
6. Ask for donations instead of birthday presents
7. Take on a sporty challenge- a sponsored swim, cycle, 5km run?

Get involved!

How will you do '70 for 70' this year? Whip up a storm and hold a delicious bake sale at work, school or in your community group! How about a sponsored silence, a car wash, or a sponsored dog walk?

The Charity always loves to hear about your unique fundraising ideas! Get in touch with Fundraising Manager, Samantha Howell, at samantha.howell@heartofengland.nhs.uk to receive a fundraising registration form.

Visit us on social media

 SHospCharity

 @SHospCharity

Thank you!

5 minutes with...

Tony Iommi
Guitar legend and patron of Ward 19
at Heartlands Hospital

We spent five minutes catching up with Tony Iommi, legendary lead guitarist of the Birmingham-based Black Sabbath, considered one of the greatest guitarists of all time, and now patron of Ward 19 at Heartlands Hospital.



What was life like in Black Sabbath before you became hugely popular?

We played a lot of gigs in pub rooms and small clubs in Birmingham and Lichfield. The scene wasn't great so we went to Switzerland where there was a bigger appetite for our music. We played for six weeks in a club in Zurich, playing seven hours per day for no pay, staying in a room with bunk beds and rats. It wasn't a glamorous time!

That sounds tough! How long was it before you found success?

Well we were playing those sort of gigs, with no-one watching, in 1969. Our first album came out in 1970 and by the time that 1973 came around we were playing to 300,000 people at the California Jam. It all happened so quickly and the first album was the launch point for our success.

What was it like to tour the world as a rock star?

It was incredible to play for huge international audiences. We visited most countries in the world which is a privilege. You don't get to see much of the country though, it's a lot of airport lounges and hotels on the edge of town. You don't get many

days off and when you do you're in the hotel all the time so it's not as exciting as you might think!

What was it like to tour for the final time?

The final tour was special, we played 81 shows worldwide and over the course of the tour, 1.6 million people came to watch us. It's amazing that after so long we have such a big following. Our fan base has changed as well, plenty of younger people came along who would have been introduced to our music by their parents or grandparents which was great to see.

Black Sabbath is a proud Birmingham band, how have you seen the city change over the years?

We all grew up in Aston, Ozzy went to the same school that I did. The area has certainly changed a lot over the years. Ozzy's house is the only one left standing I think. As for the city centre, that's changed beyond recognition!

Have you had any embarrassing moments with Black Sabbath?

There was the famous time at the Grammy's in 2014 when we were

announcing an award for Ringo Starr and had our scripted lines to say. Ozzy went first and got his completely wrong so then what I said made no sense. That was pretty embarrassing and I also failed to recognise Ringo Starr when we were in a lift together!

You're the new patron of Ward 19 at Heartlands Hospital, what does the ward mean to you?

My friend was treated for cancer on Ward 19 and I went along with him on a few occasions to support him. I was blown away by the commitment of the staff on the ward, they're a fantastic team and I wanted to do something to support them. Last year I auctioned the guitar strings that I used for the final Black Sabbath show, and decided to donate to Ward 19 to help support their excellent work. It's fantastic that there is going to be a new facility at Solihull Hospital to treat patients with cancer, and I'd encourage everyone to support the Charity's campaign to help cancer patients across Birmingham and the West Midlands.

Solihull Hospital Children's Appeal

Solihull Hospital Charity is launching a new £250,000 appeal to transform the children's areas at the hospital, so visiting children feel as comfortable as possible, minimising stress for their parents and the staff who treat them.

Each year, Solihull Hospital sees 17,000 children and the Charity is aiming to improve the quality of the Children's Outpatients Department to complement the excellent quality of care on offer. With your help, Solihull Hospital Charity will renovate the children's areas, to make them much more child friendly.

The appeal is raising money to refurbish five consultation rooms, the waiting area, the treatment room and the playroom, along with the breastfeeding room and baby changing area. The renovated department will see the floors and walls refreshed and the seating replaced with more comfortable chairs.

There will be a range of activities to suit all ages, with an adolescent chill-out area complete with TV and games console, a reading corner with activities and toys and a soft play area for toddlers and small children.

The new waiting area will help to keep children visiting Solihull Hospital calm, as for many a trip to the hospital might be their first experience in such an environment. The current area is very clinical, but once the renovations have taken place, the space will offer a calming environment for children to take their minds off their treatment.

Relaxed children make for relaxed parents, meaning



seating and sensory equipment to distract children whilst they are being treated. This is particularly effective for children with learning difficulties, for whom a trip to the hospital can be very distressing.

Samantha Howell, Fundraising Manager at Solihull Hospital said: "I am incredibly excited to be launching this new fundraising appeal. The quality of care at Solihull Hospital is fantastic and the Charity wants the environment to reflect this. The renovations will make a huge difference to everyone who comes to the Children's Outpatients department, helping to keep children calm and relaxed before their treatment."

None of this will be possible without your support; there are lots of ways that you can raise money to support the Children's appeal at Solihull Hospital. Join one of the fantastic events coming up this year or set up your own fundraising event at work or in the community. To make a donation to the Children's appeal, please visit heft.org.uk/childrenandyoungpeople or for more information contact samantha.howell@heartofengland.nhs.uk



Artists impressions of how the new children's areas at Solihull Hospital will look

that their treatment is much easier. The treatment rooms will be renovated to include comfortable



Where your money has been spent

Thank
you!

Thanks to your generous donations Solihull Hospital Charity has been able to go 'over and above' for departments throughout the hospital benefitting patients and staff.

John Hopson, Senior Orthopaedic Technician in the Fracture Clinic at Solihull Hospital has received



a selection of new toys for younger patients who either visit the clinic with their siblings and parents or are receiving treatment themselves. Amongst the new toys are books, colouring pads, crayons and an activity centre. John said: "The new toys have brought joy to the younger patients, thank you to Solihull Hospital Charity for your help as the children have something to distract them whilst they are waiting for their appointments."

It's time for tea over on AMU Short Stay. The Charity has purchased a china tea set for nurses and doctors to use when having difficult conversations with patients' families. Catherine Ray, Senior Sister said: "It may seem like a small thing, but having a proper tea set, as opposed to disposable cups just makes people feel more comfortable and at ease, which is important when we are breaking bad news." The set included a teapot, a tray, a sugar bowl, a set of teaspoons and a set of tea cups decorated with illustrations of animals. Samantha Howell, Fundraising Manager at Solihull Hospital said: "Broaching those upsetting topics such as end-of-life care is difficult for patients and staff alike and whilst a tea set won't make sad news any less devastating, by being able to offer a family a nice cup of tea, everybody feels a bit more relaxed."



Solihull Hospital's dental unit is home to a fantastic team of Dental Nurses who visit schools around Chelmsley Wood and surrounding areas bringing dental treatment to children. The Nurses are specially trained to treat children and adults with disabilities, those with complex needs and children and adults with extreme dental anxiety. Nicki Croton, Dental Community Nurse has received a selection of sensory items and toys for the dental unit, which children can use for distraction whilst they are having their teeth cleaned or whilst they are having an X-ray. Nicki said "Thank you to Solihull Hospital Charity for buying these sensory items and toys for our young patients, they have proved very useful in keeping the children happy and entertained and allowing the nurses to do their job effectively."



Charity Champs

Cardiac Club makes weighty donation to the hospital

Solihull Hospital Cardiac Club, a keep-fit club based at the hospital, has donated a leg extension machine to the physiotherapy department at the hospital. The Cardiac Club has been running for over 25 years and has helped to bring many pieces of equipment to the hospital.

The leg extension machine will help patients to build confidence, strengthen their legs and encourage active participation in exercise. Amit Sarna from the physiotherapy department said: "Thanks to the Cardiac Club for this generous donation. A number of patients have already commented on this piece of equipment, saying that it is really effective. This has improved the quality of care that we are providing, both in patient experience and clinical effectiveness."

Solihull school students find a novel way of fundraising



Year seven students from Solihull school did a sponsored read to raise funds for Solihull Hospital's Children's Outpatients Department, and presented the nurses with a cheque for a fantastic £1,204!

The sponsored read involved students reading books of their choice and asking their family and friends to sponsor them per book or chapter, pupils read both at home and at school.

Miss Airdrie, Teacher at Solihull School said: "We do a lot of fundraising at

the school and wanted to support a cause close to home. Our sixth form students are also planning some fundraising events so we're hoping to raise the total to even higher!"

Samantha Howell, Fundraising Manager at Solihull Hospital said: "Thank you to the staff and students at Solihull school for fundraising for the Children's Outpatients Department, the monies raised will go towards providing added extras, over and above what the NHS can provide."

John Lewis makes generous donation for Solihull children

Staff from the Solihull branch of John Lewis have made a special donation to Solihull Hospital Charity that will help to brighten up hospital visits for children.

The donation came through the John Lewis Community Matters scheme and will help the Charity to provide 'added extras' such as toys and games for the Children's Outpatients Department at Solihull, helping to entertain the 17,000 children that are treated at the hospital each year.

Sara Breen, of John Lewis Solihull, said: "We are delighted to support Solihull Hospital Charity and help to make trips to hospital a little easier for young people. Many Partners here in the store have been to the outpatients department at the hospital and know what a great



service it is."

Samantha Howell, Fundraising Manager at Solihull Hospital said: "Huge thanks go to the team from John Lewis Solihull for their kind donation. This will provide sensory toys and equipment for the department which help to keep children calm whilst they're in hospital."



Local funeral directors support patients at Solihull

Thomas Bragg and Sons, funeral directors based in Knowle and Shirley is supporting patients at Solihull Hospital by asking the local community to donate new books for patients. They have been given to patients across the hospital and the dementia team have been delighted to receive them as they help the team to keep the patients entertained during their time at the hospital.



Thomas Bragg and Sons has also been collecting baby clothes and nappies for the Netherbrook Birth Unit to support newborns and their families. The team have also held a charity cake sale to raise money for the hospital charity.

Kayleigh Hughes, Funeral Arranger, said: "The Knowle community has been fantastic, by donating to our collections; we are delighted to have been able to make a difference to patients at Solihull Hospital."

Solihull Hospital Charity's Samantha Howell said: "Huge thanks go to the team from Thomas Bragg and Sons for their hard work and their donations to the hospital. They are making a difference to the experiences of many patients in the hospital and should be proud of what they have achieved."

Friends of Solihull Hospital

The Friends of Solihull Hospital have put on a variety of fundraising activities throughout the year such as quiz nights, an annual summer fete and regular raffles and stalls.

Friends of Solihull Hospital have 100 members

and have existed for 65 years, fundraising for the hospital to improve patient experiences. All of their members are volunteers and are a dedicated team who help out at events throughout the year.

Friends of Solihull Hospital have brought a number of pieces of equipment to the hospital this year including a theatre microscope, an ultrasound scanner and storage boxes. Combined, these items total £84,256 and have made a big difference to patients at the hospital.

Fundraising Manager Samantha Howell said: "Solihull Hospital Charity is proud to work alongside the Friends of Solihull Hospital, whose members work hard to bring new equipment to the hospital to support patients."



Rotary of Solihull make donation to support eye patients



The Rotary Club of Solihull has made a generous donation of £2,000 to Solihull Hospital Charity in support of the ophthalmology department at the hospital. The donation will be used to purchase an I-Care Tonometer which is used to put drops into patients'

eyes whilst measuring the pressure of the eye at the same time.

This new piece of equipment replaces an older machine that did not have the capacity to do both jobs at once and is more efficient and less invasive for the patient.

Samantha Howell, Fundraising Manager said: "The Rotary Club of Solihull's kind donation will make a real difference to eye patients' experiences at the hospital, as well as making things easier for the nurses who treat them."

Thank you!

Staff Superstars

Every day we are delighted to hear from our brilliant fundraisers, who give up their time to support patients at Solihull Hospital. Included in our wonderful charity champs are our 'staff superstars' who work at the hospital and go over and above to help us fund extra equipment, facilities and research on top of what the NHS is able to provide. In this issue we are saying a

BIG

THANK YOU

to our fantastic staff superstars who have gone over and above to help improve the hospital experience for patients and families. Well done!

The first staff superstar is Amit Sarna, Physiotherapist at Solihull Hospital who organised a cake and coffee morning in memory of a colleague who sadly passed away.

Amit raised £234 from the event which was split between the



Charity and a local hospice who cared for his colleague. Samantha Howell, Fundraising Manager at Solihull Hospital Charity said: "Amit is a credit to the Physiotherapy Department and worked hard to make the coffee and cake morning a huge success, the money will help purchase equipment over and above what the NHS can provide."

The next superstar member of staff is Sister Di Greenaway who works on Ward 8.

Sister Di has worked tirelessly to fundraise for the Stroke Unit. Di's last fundraising achievement was providing a new garden for patients on the unit to sit and enjoy the sunshine as part of their recovery.



Justine Davy, Head of Fundraising at the Charity said: "Sister Di is a really special member of staff who believes so much in her department and goes the extra mile to support the Charity."



The final staff superstar is Paediatric Nurse, Hayley Ball, who works on the Children's Outpatients Department.

Hayley always puts herself forward to help fundraise for the department and is committed to improving patients' experiences. She is



extremely proud of her department, volunteering to come to the hospital on her day off to show the Mayor around, and regularly volunteering to help at information stands to promote the department in the community. Hayley recently organised a raffle with colleague, Helen Rooney and raised hundreds for the department. Samantha Howell, Fundraising Manager said: "Hayley is always on hand to help and she is a fantastic role model for the department. Hayley has a positive attitude, is always friendly and nothing is too much trouble!"

If you'd like to get involved in fundraising for your ward or department, or would like to find out more about our events, please head to our website at solihullhospital.org.uk or call 0121 371 4852 to speak to one of our friendly team members!

Do you know a staff superstar? Do you want to nominate them for a shout out in the next Charity newsletter? If so please get in touch and share your story by emailing charities@uhb.nhs.uk or get in touch on Facebook or Twitter.

Join our events

Whether you're a thrill-seeker, or an aspiring Edmund Hillary, Solihull Hospital Charity has the event for you, and with the wide range of events on offer, why not join us?

Join the hospital charity for the Great Midlands Fun Run on 3 June.

The Great Midlands Fun Run is an eight and a half mile course which snakes through the streets of Sutton Coldfield, entering Europe's largest urban park, Sutton Park, before returning to the City Centre. Run, walk or jog in this 'challenging but fun' event.

For more information on how to sign up go to heft.org.uk/events and email samantha.howell@heartofengland.nhs.uk to get your free fundraising pack!

If open-water swimming sounds like a splash then why not join the Charity for the Great North Swim, and take on a one-mile swim in the picturesque Lake Windermere?

Taking place over the weekend of 8-10 June, you can choose on which of the three days and at what time you'd like to do your swim. The event is suitable for all abilities and is equivalent to approximately 64 lengths of a standard 25m pool, and on average it takes 45 minutes to complete. Soak up the landscape with a leisurely breast stroke or pick up the pace with a fast front crawl! Please note that our hospital charity places are free but we do ask that all charity swimmers raise a minimum of £250 in sponsorship.

To sign up for your charity place go to heft.org.uk/events or email rachel.learmonth@uhb.nhs.uk for more information.

Have you ever wanted to climb a mountain? Then why not do 'summit' amazing for Solihull Hospital Charity for a hike up Snowdon, England and Wales' largest mountain?

On Saturday 15 September join the Charity for a day's walking to raise funds for patients and staff in the hospital. Places costs £45 and minimum sponsorship is £100, your place includes return transport from central Birmingham, experienced guides and snacks.

To sign up go to heft.org.uk/events and contact sophie.carroll@uhb.nhs.uk for more information.



Do you want a challenge, but can't decide whether to swim, cycle or run?

The Birmingham Triathlon consists of an open-water swim, a rural closed-road bike course and finishes with a run through heathland and ancient woodland, all in the beautiful Sutton Park! The event is on 24 June and is open for over 14s in the sprint, super sprint and fun distances! A place is £70 and there is no minimum sponsorship.

Purchase your place at uktriathlon.co.uk/events and contact charities@uhb.nhs.uk to receive your free fundraising pack!

If sport isn't for you, then the Charity also offers you the opportunity to do a tandem skydive!

There are several dates available including 16 June, 14 July, 18 August and 8 September. Places are £50 and minimum sponsorship is £300. If you are from a company or organisation that is interested in holding a team skydive we are able to cater for large group bookings too, great for team building, and we can allocate you your own private day. Have fun whilst raising money for a good cause with our corporate skydives.

Contact rob.williams@uhb.nhs.uk for more information and sign up at heft.org.uk/events.

All you need to know about contacting the hospital charities

If you would like to get in touch with Solihull Hospital Charity, Heartlands Hospital Charity or Good Hope Hospital Charity, the names and numbers you need are included here in our handy tear-off guide:

Main office:

Tel: Charity Chief Executive - Mike Hammond 0121 371 4852
Head of Fundraising - Justine Davy 0121 371 4852
Email: charities@uhb.nhs.uk
Website: www.heft.org.uk

Solihull Hospital Charity

Tel: 0121 371 4852 or 07920 756 709
Email: Fundraising Manager - Sam Howell samantha.howell@heartofengland.nhs.uk
Website: www.solihullhospital.org.uk

Heartlands Hospital Charity

Tel: 0121 371 4852 or 07407 635 081
Email: Fundraising Manager - Sian Averill sian.averill@uhb.nhs.uk
Website: www.heartlandshospital.org.uk

Good Hope Hospital Charity

Tel: 0121 371 4852 or 07512 141 432
Email: Fundraising Manager - Laura Power laura.power@uhb.nhs.uk
Website: www.goodhopehospital.org.uk

If you work at any of the three hospital sites and receive queries or donations, please give us a call on the main office number and we will come and see you. Thanks!

