




love good hope

The Good Hope Hospital Charity Newsletter

 Good Hope
Hospital
Charity
Issue 4

 GHHCharity  @GHHCharity  goodhopehospital.org.uk



*Sir Doug Ellis makes donation
to Good Hope Hospital
Charity's Children's appeal*

Find out how you can join our events and
support patients at the hospital!

*Thank
you!*

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Mike's letter



Thank you!

What we do at Good Hope Hospital Charity

Together with your help we raise money to provide world-class facilities for patients and their families at Good Hope Hospital that go 'over and above' what the NHS can provide. We spend your generous donations on refurbishing patient and family areas, providing 'added extras' that help make patients more comfortable and entertained at the hospital, and providing toys and games for children, making trips to Good Hope Hospital easier for them and their parents.

Hello and welcome to the fourth edition of Love Good Hope, the official newsletter of Good Hope Hospital Charity. This edition brings you lots of exciting news and updates on where your money has been spent and also includes inspirational stories from fundraisers who have done their bit to support staff and patients at the hospital.

2018 marked the 75th Anniversary of Good Hope Hospital and there are still ways that you can get involved to mark the celebration and raise money for your local hospital. Read on to find out more about how Good Hope Hospital has changed over the years, and read about the opening of the new Oncology Day Unit at the hospital, and how the Charity has helped to fund it.

The coming months bring with them a whole range of events that you can get involved in to raise money to support patients, staff and families at Good Hope. From taking part in the Simplyhealth Great Birmingham

run to attending the Charity's first ever Drag Night, there's so much you can take part in for your local hospital.

The Charity always loves to hear from you. If you're on social media, make sure you're following us; just search @GHHCharity on Facebook and Twitter to find out more. If you want to get in touch with us, please call the Charity main office on 0121 371 4852, email charities@uhb.nhs.uk or go to hospitalcharity.org.

Good Hope Hospital Charity relies on the support of people like you, without your hard work it wouldn't be possible for the Charity to go 'over and above' for patients at the hospital. I look forward to continuing to hear more inspirational stories from people who have done incredible things to raise money for the Charity.

Mike Hammond
Chief Executive,
Good Hope Hospital Charity

In this issue...

Fundraisers awarded with limited edition 75 coins

Turn to page four to find out more about the history of Good Hope Hospital and what the staff and corporates who have received our special limited edition 75 coins have done to get one! There are still lots of ways you can get involved and fundraise for your local hospital.

Oncology Day Unit opening

Turn to page six to find out more about the new Oncology Day Unit that has opened at Good Hope Hospital following an investment from the hospital charity and Friends of Good Hope Hospital. You can also see what a difference this has made to patients and staff!

Charity Champs do amazing things to raise money

Pages eight and nine are full of incredible stories of some of the fundraisers who have brought in money to help support patients at Good Hope. Read on to learn more and get inspired for your own fundraising events!

Staff Superstars go 'over and above'

Good Hope Hospital is lucky to have lots of staff members who are prepared to go 'over and above' for the patients that they treat. Learn more on page ten about some wonderful members of staff at Good Hope who have taken on challenges for the Charity.



Dates for your diary

Parachute Jump

Various dates throughout 2019,
Hinton Airfield, Oxfordshire

Do something daring and take the plunge for Good Hope Hospital Charity! The Charity runs several tandem parachute jumps throughout the year at Hinton Airfield in Oxfordshire. With experienced instructors, it's a fantastic experience for a worthy cause!

A £30 deposit gets you a place on one of our jumps, and then we ask you raise a minimum of £300 in sponsorship.

Please book your place by visiting hospitalcharity.org/events or contact rob.williams@uhb.nhs.uk for more information.

Simplyhealth Great Birmingham Run

14 October, Birmingham City Centre

The Charity is ecstatic to announce it will again be offering places for the SimplyHealth Great Birmingham Run. The 13.1 mile run is now established as the second biggest half marathon in the UK. Come along and join the incredible atmosphere of the half marathon whilst raising money for patients at the hospital.

Sign up for your place at hospitalcharity.org/events and contact rachel.learmonth@uhb.nhs.uk to receive your free fundraising pack

FESTIVE JUMPER DAY!

14 DECEMBER

Whether you're in the workplace, in school or a member of the community getting into the Christmas spirit, the Charity has its annual Festive Jumper Day this December. The money raised will support the Christmas appeal, helping to bring Christmas cheer to patients in hospital during the festive period. Be sure to send us some photos of your cracking jumpers!

Email sabrina.hussaine@uhb.nhs.uk for more information on how you can get involved in Festive Jumper Day.

Charity Carol Service

13 December

St. Philip's Cathedral, Colmore Row,
City Centre, Birmingham

Join Good Hope Hospital Charity, Solihull Hospital Charity, Heartlands Hospital Charity and the Queen Elizabeth Hospital Birmingham Charity at this year's carol service. The service begins at 7pm. There will be traditional carols, school choirs and local community choirs, following the service the Charity is providing mulled wine and mince pies. To book your place please go to hospitalcharity.org/events for more information

Some of these events may have passed but you can keep up to date with what's happening by visiting hospitalcharity.org/events

Velo Birmingham 2019

12 May 2019

Velo Birmingham returns in 2019 with an exciting new, 100 mile, closed road route around Birmingham and the surrounding areas. This exciting bike ride is perfect for anyone looking for a cycling challenge. The first Velo Birmingham took place in September 2017 and was a huge success, with 1,000 riders taking part for the hospital charity. Take part this year and raise money for the ward or department of your choice at your local hospital. Hospital charity riders will receive a special hospital charity cycling jersey, and access to special hints, tips and training rides to get you ready for the big day.

Visit hospitalcharity.org/events for more information and to learn how to register to take part.

History of Good Hope Hospital

As Good Hope Hospital celebrated its 75th Anniversary in 2018, staff and fundraisers did a lot to celebrate this and raised money in aid of the momentous occasion.

The hospital began its life as a large Victorian house which was bought in 1943 for £5,000! It was originally used as a home for

In April 1958, a central kitchen was built which was the showpiece of the hospital as it provided a kitchen, pastry, vegetable and meat preparation rooms, stores and accommodation for the chef. The house was then converted to provide residential accommodation for medical staff.

As time went on, the hospital began to

Laura Power, Fundraising Manager at Good Hope Hospital, said: "It has been amazing to celebrate 75 years of Good Hope Hospital this year. The money raised from anniversary fundraising will go towards 'added extras' for staff, patients and families at Good Hope Hospital."

The hospital charity has created



patients from the Sutton Cottage Hospital, patients could go there to rest and recover before going home.

The hospital was used for this purpose until the 1950s when, during the Cold War, two single storey wards were built for evacuees from Birmingham in the event of a nuclear attack.

Block was built as a Maternity Hospital which housed the Baby Care Unit and Pre-Natal Clinic and Wards and was opened by HRH The Duchess of Kent.

The then President of the Royal College of Physicians opened the Postgraduate Medical Centre which is now known as the Partnership Learning Centre.

grow to the demand of people who needed care in the area. The Sheldon Unit opened in 1967 which has four wards, in the same year the Fothergill

limited edition '75' coins which have been awarded to staff and corporates throughout the year that have gone over and above to raise funds for Good Hope Hospital.

The Oncology team were amongst the proud recipients of the special coins, following their amazing efforts in the Sutton Fun Run.

There is still time to support Good Hope Hospital in its 75th year, head to hospitalcharity.org/events to find out more.



5 minutes with...

Sir Doug Ellis
Former Chairman of Good Hope Hospital & Aston Villa Football Club

We spent five minutes catching up with Sir Doug Ellis, former Chairman of Good Hope Hospital, and former Chairman of Aston Villa Football Club. Sir Doug has made a very generous donation of £10,000 to support the Children's appeal at the hospital, helping to transform the children's department at Good Hope.

Hello Sir Doug, why have you decided to support Good Hope Hospital Charity's Children's Appeal?

Well, quite apart from the fact that I was the first Chairman of the Good Hope Hospital NHS Trust, as my local hospital I have always taken an interest in what is happening. On a personal level I have been a patient twice in the last two or three years and received the best possible care from staff at all levels.

Moreover, my charitable donations have, in the main, always been targeted towards the young and as such the hospital Charity's Children's Appeal struck a chord. It is my way of saying thank you for the care I have personally received whilst at the same time making visits a little bit less daunting for those children needing treatment.

You were Chairman of Good Hope Hospital for six years, what did you learn from taking on that role?

During my six year tenure as Chairman of the Hospital I came to understand and appreciate much more just how complex and difficult it was to meet the ever growing demand for existing and new treatments within the NHS whilst staying within financial limits. The challenges were endless for the frontline staff, management and Board alike. I felt it was important that I was available to talk to staff at all levels and I would often make impromptu visits to A&E, frequently late at night on a weekend, to give moral support to staff and share a cup of tea with both staff and

patients. I have carried that direct contact on in all my subsequent ventures.

How has Good Hope Hospital changed over the years?

Since my time I have been pleased to see the hospital develop in many ways and I think the integrated approach to the treatment of cancer has been important and on a structural level the Treatment Centre has been important in providing much improved facilities for outpatients across all the specialities.

Many children who are treated at Good Hope may dream of one day becoming a nurse, doctor, or perhaps even a famous footballer! What advice would you give to young people being treated here at Good Hope?

My advice to any young person being treated at Good Hope would be the same as that I always give to any youngster. It doesn't matter how bright or talented you might be, if you want to succeed in any walk of life, whether it be as a nurse, doctor or indeed as a famous footballer, there is no substitute for hard work.



Laura Power, Fundraising Manager at Good Hope Hospital Charity said: "On behalf of the Charity I would like to extend our warmest thanks to Sir Doug for his incredibly kind donation to the Children's appeal. The money he has donated will go a long way to helping the Charity transform the children's department at the hospital. It is fantastic to have the support of Sir Doug, he is immensely well-respected across Good Hope for his hard work over the years. This donation will leave a lasting legacy at the hospital for many years to come."

New Oncology Day Unit opens at Good Hope Hospital

The new haematology and oncology day unit at Good Hope Hospital has opened following a £100,000 investment from Good Hope Hospital Charity.

The investment included a £16,000 donation from Friends of Good Hope Hospital which funded an extra ten chemotherapy chairs at the hospital, relieving pressure on the busy oncology ward.

Chief Staff Nurse Mark Chambers welcomed staff and patients along to the unit for the official ribbon cutting and spoke of the difference the unit will make. He said: "Many of the patients that we treat here at Good Hope Hospital need supportive treatments, often alongside chemotherapy, such as blood transfusions, electrolyte treatment or bone strengthening.

"The new space will allow us to carry out these supportive treatments without holding up chemotherapy treatments on the ward. Taking the pressure off the ward will allow other patients to start their treatment earlier."



Located in the Sheldon Unit, the new facility provides a light, bright and spacious room for patients to receive treatment and will increase



the number of patients who can receive chemotherapy in a single day.

Muriel Cheetham has been a patient at Good Hope Hospital for the past 24 years, having previously worked as a midwife and receives weekly blood transfusions at the hospital. Muriel was guest of honour at the opening of the unit, cutting the ribbon to mark the official opening.

Speaking of the new unit, she said: "The new unit is

fantastic, the existing oncology ward is very busy and this will help to take the pressure off the staff on the ward. It's a lovely space with a nice outlook and I know that my

fellow patients will appreciate the space. The team here at Good Hope Hospital are all fantastic and I have been incredibly well looked after over for the past 24 years."

Laura Power, Fundraising Manager at Good Hope Hospital Charity, said: "The Charity is delighted to have been able to fund the renovation of this unit, alongside Friends of Good Hope Hospital. Thanks to the generosity of Charity supporters, we have been able to fund this new facility that will improve the quality of care on offer here at the hospital."

Thank you!

New Glideaway® beds arrive at Good Hope Hospital

A delivery of new Glideaway® beds has arrived at Good Hope Hospital that will make a huge difference to patients' families who need to stay overnight at the hospital.

Glideaway® beds are special folding guest beds that can be



used on wards to allow patients' families to stay at their side whilst they are in hospital.

The Glideaway® beds are designed for daily heavy duty use and conform to the strict infection control and health and safety standards set by the hospitals, whilst offering a comfortable night's sleep for people of all ages. The beds will allow more family members to stay alongside their loved ones whilst they are being treated, and this will be particularly important on the palliative care and children's wards.

Friends of Good Hope have also been raising money in partnership with Sainsbury's Local in Four Oaks to get some new Glideaway® beds for the hospital, they have raised £6,020 which will help so many

patients and their families when they want to stay overnight in the hospital.

Sara Hendrickson, Ward Manager on Ward 7, said: "I am delighted that we now have so many additional Glideaway® beds here at Good Hope Hospital. We have many

patients who benefit greatly from having a family member staying nearby, and now thanks to these beds the family members can get some proper rest, rather than staying up all night sleeping in an uncomfortable chair.

"The beds are fantastic for staff as well as patients, as

we can easily transport them to the ward or bay where they are needed and they're easy to keep clean and to store. On behalf of all of the staff at Good Hope Hospital, Heartlands Hospital and Solihull Hospital, I would like to thank the hospital charity, and their supporters, for enabling us to have these additional Glideaway® beds."

Jitan Vadgama, Operations Director at GP Care Systems, made a visit to Good Hope Hospital alongside his Managing Director, John Miller, to see the beds in their new home, and to speak to the members of staff who will be using them on their wards. Jitan said: "GP Care Systems is incredibly proud to have provided an additional 80 Glideaway® beds to the Charity this year, for use at the three hospital sites.

"This follows 44 beds being provided in 2016 to the Charity for the Queen Elizabeth Hospital. The Glideaway® bed is a really high quality product that is suitable for daily heavy duty use and is designed to be incredibly durable, we have beds still in service that were purchased some 25 years ago.

"I was delighted to hear Sara speaking of the difference that the beds will make to patients and their families across the three hospitals. My wife gave birth to our daughter last year at our local hospital and from personal experience, it's virtually impossible to sleep on a chair comfortably. We are very happy to be able to provide this level of comfort to those families who really should not need to worry about comfort during their time in hospital. Congratulations to the Charity for putting things in place that really do go 'over and above' to help patients, visitors and staff."

Mike Hammond, Chief Executive of the hospital charity said: "I am delighted that the Charity has been able to fund the additional Glideaway® beds for Good Hope, Heartlands and Solihull Hospital. The Charity previously funded 44 Glideaway® beds for the Queen Elizabeth Hospital Birmingham in 2016, where they have been used by families across the hospital."

Your donations help the Charity to provide 'added extras' such as Glideaway® beds for patients and their families.

Visit hospitalcharity.org to find out more, or to donate.

Charity Champs

The Boot Inn add more colour to Children's department



The pub previously raised £400 for the Children's Appeal which is going towards renovating the Children's Outpatients Department at the hospital.

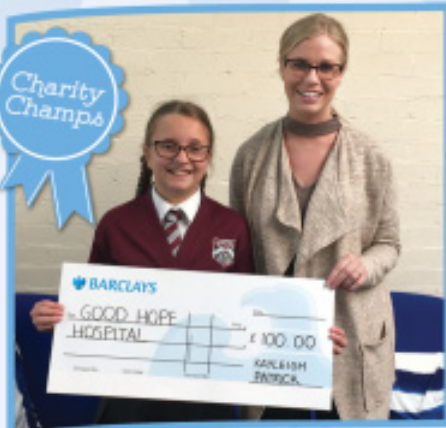
Laura Power, Fundraising Manager for the hospital charity, said: "Thank you to Lisa and all of

the team at the Boot Inn. The money they have raised, and continue to raise, will go towards making the hospital an inviting place for children. For many children, a trip to the outpatients department will be their first experience of a hospital and we want to ensure that they come to a welcoming department full of colour and fun."

The popular Boot Inn in Sutton Coldfield is raising money for Good Hope Hospital Charity to help give added extras to patients, staff and families at the hospital.

Lisa, the manager at the Boot Inn, said: "It is a pleasure to raise money for such an important, local cause. We are very happy to raise money to support our local hospital."

Year 6 pupil inspired to fundraise after lesson



Kayleigh Patrick is a year six pupil at Moat Hall Primary School who was inspired to fundraise for Good Hope Hospital Charity after learning about different charities.

Kayleigh sold some of her old toys and managed to raise an amazing £100 to support patients and staff at the hospital.

The young fundraiser was called up in front of the school to be congratulated for her fundraising.

Laura Power, Fundraising Manager for Good Hope Hospital Charity, said: "A huge thanks goes to Kayleigh for her amazing fundraising efforts. Selling old toys for donations is a fantastic idea and it's so inspiring to see someone come up with such a great idea to raise money for her local hospital. Thank you Kayleigh!"

It's 'One Great Day' at Gracechurch Shopping Centre

'One Great Day' fundraises nationwide for children's charities, and the Sutton Coldfield hosts chose to support Good Hope Hospital Charity this year.

Gracechurch Shopping Centre raised hundreds for Good Hope Hospital Charity which will go towards 'added extras' for the children being treated at the hospital.

The event raised money through balloon modelling, face painting, canvass bag decorating and a guess the name of the bear competition.

Fundraising Manager Laura Power said: "It was amazing to see so many people come to Gracechurch Shopping Centre to support their local charity. On behalf of the Charity I would like to thank everyone who donated money, took part in our activities and guessed the name of the bear!"



Georgie bikes (virtually) to Hamburg for her dad



In 2017, Georgie Lodge found out something she didn't think was possible – her dad had been diagnosed with bladder cancer. Georgie's dad's treatment started straight away and she sat with him whenever he had chemotherapy. In December 2017 Georgie's dad went home for Christmas and in the

new year was told the treatment was successful.

After a routine check-up in May 2018, her dad's cancer was back, and was more aggressive. After visiting the hospital so much, Georgie spotted the Virtual Velo posters around the hospital and decided to learn how to ride a road bike so she could take part. On only her 12th ride, she began her virtual journey to Hamburg.

Georgie said: "When my dad was initially diagnosed I knew I had to take life by the horns and make the most of every day. I decided to learn to ride a road bike. I made the decision to join Virtual Velo to give back to the hospital and their staff that had treated my dad and made us feel better when we were on a low day. If all we can do is raise a little money then that's a start."

Laura Power, Fundraising Manager for the Charity, said: "It's amazing to know that Georgie is so determined to complete her journey to Hamburg and to dedicate her fundraising to Good Hope Hospital Charity to help people just like her dad. Good luck to Georgie on her Virtual Velo ride and big thank you for choosing to support us."

Carla raises money for SCBU

After Carla's son, Harrison, was born prematurely, he started to show signs of being unwell with low blood sugar, fast heart rate and vomiting. Harrison was taken to the Special Care Baby Unit (SCBU) where he was treated for an infection and tested for meningitis

After constant care by SCBU, Harrison started to get better and was soon allowed to go home. Carla said: "This was such a worrying time as we didn't know what was wrong with him. Every single staff member played a part in Harrison getting better. Not only did they care for him, but for his Dad and myself too."

Carla and team will be taking on the mammoth challenge of the Longmynd 50 mile hike to raise money to support more children like Harrison.



Laura Power, Fundraising Manager for Good Hope Hospital Charity, said: "A big thank you to Carla for choosing Newborns in Need to fundraise for, there are so many babies each year that are taken to the Special Care Baby Unit that need our help and this money will go towards 'added extras' for the unit and helping babies just like Harrison. Good luck to Carla and her team on their challenge!"

Ron raises money for Good Hope on his 50th Wedding Anniversary

After being taken seriously ill in 2012 due to having a very small splinter in his hand, Ron Sugden and his wife Christine, raised money at their 50th wedding anniversary party for the Critical Care Unit.

Ron was taken to Good Hope A&E where he was diagnosed with sepsis and after surgery he was cared for by the Critical Care Unit.



Ron said: "I feel very fortunate to have survived. As we explained to our guests, without the work of the Sepsis Trust, Good Hope A&E and the Critical Care Unit we would not have been celebrating our anniversary."

The couple raised £1,100 thanks to the generosity of over 90 guests which included their friends and family for their 50th wedding anniversary.

Laura Power, Fundraising Manager at Good Hope Hospital Charity, said: "We are so grateful that Ron and Christine chose to fundraise for the Charity as part of their anniversary celebrations and on behalf of the Charity, I would like to say a huge thank you for the money that they raised. It will go towards 'added extras' for patients, staff and families on the units that Ron was treated on."

Children

Good Hope Hospital's £300,000 Children's Appeal is going to renovate the children's areas across the hospital, making them brighter and more child-friendly. Each year, 30,000 children are treated at Good Hope Hospital for a range of conditions, including life-threatening and life-limiting ones.

Some children have never been to a hospital before, so visiting one can be a daunting experience for the child, making the experience, in turn, stressful for parents and staff.

The aim of the children's appeal is to renovate and refurbish the children's departments within the hospital to make them more child friendly, calm, colourful and enjoyable. Although visiting a hospital may never be an enjoyable experience, it is sometimes hard for a child to understand why they are there so filling the areas they will be visiting with toys, activities and games, will make it a little bit better for them and relax them.

Refurbishment has already begun on some areas in the children's departments, including adding a play area to the Radiology department and bringing toys into waiting areas and treatment rooms.

Treatment rooms are where children receive injections and tests, so transforming these areas to be calming for young patients



will reduce anxiety and stress for both the children and the parents.

There are many children and parents affected by the way in which the children's departments are decorated and want to help the Charity's Children's Appeal and make the transition to child-friendly wards and departments. Laura Power, Fundraising Manager for Good Hope Hospital Charity, said: "The children's appeal is already transforming areas of the hospital to make them more child-friendly and bright for children and their families.

"With the help of our amazing supporters, we will be able to revitalise this department, and others, to make them more welcoming for children and their families.

"A trip to the hospital can be very daunting for some children, but making the areas brighter with toys and games will take their mind off

of the fact that they're in hospital. The renovation will not only help the children's physical and mental wellbeing, but decrease the pressure on staff as happy and relaxed children can be treated quicker."

None of this would be possible without your support; there are lots of ways that you can raise money to support the Children's Appeal at Good Hope Hospital. Join one of the fantastic events coming up this year or set up your own fundraising event at work or in the community.

To make a donation to the Children's Appeal, please visit hospitalcharity.org/childrenandyoungpeople or for more information, contact laura.power@uhb.nhs.uk.

's Appeal

To find out what difference the Children's appeal will make to the children and their parents at Good Hope Hospital, the Charity caught up with some regular patients at the hospital to hear what they had to say about the appeal.

Brothers Charlie and Oliver are both regular visitors to the Children's Outpatients Department at Good Hope Hospital.

Charlie is seven years old and has cerebral palsy and is a quadriplegic as a result, and Oliver is two and has muscular dystrophy. Their Mum, Sarah, always says how amazing the paediatric staff are with her boys but she said: "Trips to the hospital can be



tricky for me as Oliver gets bored waiting for his appointments, and Charlie cannot use the play area as it not very accessible for him in his wheelchair." Sarah said she is backing Good Hope Hospital Charity's appeal to renovate the children's areas in the hospital as it would provide an accessible play area with suitable games and sensory equipment would make a huge difference to Oliver and Charlie, they would be able to play together and keep each other company in a child friendly environment.

Tara's son Dade is eight years old and has been a patient at the Children's Outpatient Department since he can remember. For the



past six years Dade has been seen for a number of neurological issues including epilepsy, cerebral palsy and severe autism. Although Dade is used to going to the hospital and is comfortable with the surroundings, Tara still finds his appointments daunting and stressful as they can last up to one and a half hours. Tara said: "It can be hard to keep Dade calm when he's in hospital, his understanding is minimal, I have to bring the iPad along to keep him happy as the play area is not very accessible so he struggles to use the toys and games." A nicer department with more distractions for the children, calming colours and soft lighting would make a huge difference to Tara and Dade during their visits to the hospital.

Riley is seven years old and he suffers with atopic eczema which means he constantly has eczema with regular flare ups. Riley's treatment involves daily baths, bandages and ointments to try and control the flare ups on his skin. Riley's Mum, Chris, said: "The treatment Riley has received has been life changing and made his eczema manageable." Riley really enjoys the company of the paediatric staff but the limited amount of toys and games provided are not always suitable for a child of his age so do not occupy him whilst he is waiting. Children



who are Riley's age have a better understanding of why they are in hospital which can often make them anxious, especially if they know they will be having a procedure. Toys and games can take away the fear of being in hospital for children which is why refurbishing the children's departments at Good Hope is so important to children like Riley.

The renovation will make a huge difference to staff in the department, here is what Melanie Stanyer, Paediatric Clinic Clerk, had to say.

"I have worked at Good Hope for 12 years and have been working in children's outpatients for 11 and a half years. I love my job in children's outpatients,

I love talking to the children and playing with them when I get a chance. Chatting to the parents is really nice, I like to make them feel at ease and comfort them whenever they need someone or receive some bad news. The variety of the people and staff make the department a lovely place to work in. I think the department is well overdue for a makeover. It will feel more inviting to parents and the children when they come to the clinics if they are decorated better. The staff are very welcoming but the clinic needs brightening up to hopefully make their appointments a little more pleasant."



Staff Superstars

Every day we are delighted to hear from our brilliant fundraisers who give up their time to support patients at Good Hope Hospital. Included in our wonderful charity champs are our 'staff superstars' who work at Good Hope Hospital to go over and above to help us fund extra equipment, facilities and research on top of what the NHS is able to provide. In this issue we are saying a

Fun Run around the streets and parks of Sutton Coldfield!

The hospital charity was represented by 75 amazing fundraisers, many of whom were running as part of a team, running alongside colleagues from the hospital. 'Team Chemo' proudly took on the run to support chemotherapy



and helped to make it such a special occasion."

The second group of staff from the hospital who deserve thanks for their amazing fundraising are the 39 members of staff from Good Hope and Heartlands

who took on the 10km Wolf Run in Leamington Spa.

The team were inspired to take on the challenge when Clinical Practitioner Dean Naylor, and Nurse Rachel Sawbridge were together on a night shift.

Dean said: "We wanted to do something for the hospital charity to raise funds for our department and we thought



patients at the hospital, and were joined by teams from the Radiology Department, the Treatment Centre, midwives and the Ophthalmology Department. Laura Power said: "The Great Midlands Fun Run is always a special day, it was amazing to see so many people taking part to raise money to support patients at Good Hope Hospital. On behalf of the Charity, I would like to thank everyone who took part

our department and we thought



BIG

THANK YOU

to our fantastic staff superstars who have gone over and above to help improve the hospital experience for patients and families at Good Hope. Well done!

The first huge thank you goes to all of the incredible members of staff from Good Hope Hospital who took on The Great Midlands



Overstars



the Wolf Run sounded fun and definitely hard enough to make people want to sponsor us!" The team had great fun on the day, completing the challenge whilst raising money to support patients at the hospital, Fundraising Manager Laura Power said: "The Charity's thanks go to the huge critical care team that took on the Wolf Run; they really did go over and above to support their patients!"



Another team of staff members who have pushed themselves to the limit are the team from Good Hope Hospital that took on the Charity's Sunrise Snowdon Challenge, climbing Mount Snowdon overnight to raise money for the hospital!

Mark Chambers, Head of Chemotherapy at Good Hope raised over £5,000 for the Chemotherapy Unit at Good Hope Hospital and said: "It was a pleasure to climb Mount Snowdon

in the dark alongside lots of excellent, like-minded people who were keen to raise money to support their hospital."

And finally, a huge thank you goes to all of the amazing staff across Good Hope who helped to mark the 70th anniversary of the NHS by hosting Big NHS 7Tea parties, baking cakes, pouring tea and generally getting into the spirit of the big day!



If you work at Good Hope Hospital and would like to get involved with one of the amazing fundraising events that the Charity holds each year, head to hospitalcharity.org/events to find an event that suits you!

Where your money

Thanks to your generous donations, Good Hope Hospital Charity has been able to go 'over and above' for departments throughout the hospital, benefitting patients and staff.

Radiology play area for children waiting

The Radiology department has benefitted from the Charity's funding. A hospital can be a scary place for children, so as part of Good Hope Hospital Charity's children appeal, a play area is being built to make children feel safer and more at ease whilst at hospital.

The play area will also help to make parents feel more at ease when bringing their children to hospital, as they don't have to worry about their child being scared whilst waiting for treatment.

Laura Power, Fundraising Manager at Good Hope Hospital, said: "It is important that we make sure children are happy and aren't scared whilst visiting the hospital, it can be a daunting place for children. By funding a play area, parents and children can have a more stress-free trip to the hospital."

Thank you!



Cancer Cloud Kits

Friends of Good Hope Hospital, a fundraising group that supports Good Hope Hospital, has funded some Cancer Cloud Kits for children and young people whose parents have been diagnosed with cancer.

The kits, a hedgehog for 3-5 year olds, a tiger for 6-11 year olds and a Cloud Kit for young people aged 12-16, are designed to give information in an accessible format to the age groups. The kits also include activities and therapy tools to be used by parents and teachers and are designed to support children to process their emotions and



come to terms with their family members' diagnosis.

Mark Chambers, Unit Manager at Good Hope Hospital, said: "Thank you to Friends of Good Hope Hospital for funding these extremely valuable resources. Many of the people we treat have young children and it can be difficult for a parent, or even a medical professional, to truly explain what it is like to have a parent with cancer and these kits will help facilitate these difficult, but important conversations."

y has been spent



Memory tree in the Snowdrop Suite

Thanks to your donations, the hospital charity has funded a memory tree for the Snowdrop Suite. The Snowdrop Suite at Good Hope Hospital is a comfortable, private and non-clinical space for parents and their families to be looked after by the bereavement team while they grieve for their baby.

The aim of the memory tree, which is in the sitting room area of the suite, is to assist a family in the grieving process and give them the option to leave a letter or note in memory of their baby or to thank the staff that have helped them through such a brief and difficult time with their baby.

Many families have already left their letters and notes on the memory tree to remember their baby, grandparents and other family members are also welcome to leave notes on the tree.

Laura Power, Fundraising Manager at Good Hope Hospital, said: "The aim of the memory tree in the Snowdrop Suite is for parents and families to leave a note for their loved one and hopefully feel like they have left something to remember their baby by. It is extremely important for us to help with the grieving process as it is such a difficult time for families."

Medical screens for Special Care Baby Unit

Good Hope Hospital Charity has funded five special medical screens for use on the Special Care Baby Unit (SCBU). These screens offer much needed privacy to new mothers who want to breastfeed their child and conform to the infection control and hospital regulations as they are smooth surfaces that can be wiped down easily when they

have been contaminated.

The height of the screens allow staff to monitor mother and baby discreetly without invading on their personal space when bonding with their baby and feeding them, the height also allows easy communication between staff and mothers.

The screens are independent and can be attached to the ceiling or floor when they need to be used, this provide patients and staff with a flexibility that makes it easy to move around when needed.

Julie Shwalbe, Ward Clerk on SCBU, said: "The new screens I requested for the unit are giving mothers and their babies so much more privacy when they are breastfeeding. The staff are still able to monitor the mother and baby as well as communicate with them easily if needed.

They are already making so much difference to mothers who are trying to breastfeed for the first time!"



All you need to know about contacting the hospital charities

If you would like to get in touch with Good Hope Hospital Charity, Solihull Hospital Charity or Heartlands Hospital Charity, the names and numbers you need are included here in our handy tear-off guide:

Main office:

Tel: Charity Chief Executive - Mike Hammond 0121 371 4852
Head of Fundraising - Justine Davy 0121 371 4852
Email: charities@uhb.nhs.uk
Website: www.hospitalcharity.org

Good Hope Hospital Charity

Tel: 0121 371 4852 or 07512 141 432
Email: Fundraising Manager - Laura Power laura.power@uhb.nhs.uk
Website: www.goodhopehospital.org.uk

Solihull Hospital Charity

Tel: 0121 371 4852 or 07920 756 709
Email: Fundraising Manager - Sam Howell samantha.howell@heartofengland.nhs.uk
Website: www.solihullhospital.org.uk

Heartlands Hospital Charity

Tel: 0121 424 0606 or 07407 635 081
Email: Fundraising Manager - Sian Averill sian.averill@uhb.nhs.uk
Website: www.heartlandshospital.org.uk

If you work at any of the three hospital sites and receive queries or donations, please give us a call on the main office number and we will come and see you. Thanks!

Thank you!



**Good Hope
Hospital
Charity**

