

love heartlands



Heartlands
Hospital
Charity
Issue 4

Heartlands Hospital Charity Newsletter

HHospCharity @HHospCharity heartlandshospital.org.uk

Ward 19 team celebrate the opening of the new cancer centre at Solihull Hospital



Find out how you can join our events and support patients at the hospital!

Thank
you!

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Mike's letter



Thank you!

What we do at Heartlands Hospital Charity

Together with your help we raise money to provide world-class facilities for patients and their families at Heartlands Hospital that go 'over and above' what the NHS can provide. We spend your generous donations on refurbishing patient and family areas, providing 'added extras' that help make patients more comfortable and entertained at the hospital, and providing toys and games for children, making trips to Heartlands easier for them and their parents.

Hello and welcome to the fourth edition of Love Heartlands, the official newsletter of Heartlands Hospital Charity. This edition is packed with news from the Charity and updates on where your money has been spent, including incredible stories from fundraisers who have done amazing things to support staff and patients at the hospital.

2018 marked the 70th Anniversary of the NHS where celebrations were momentous. There are still plenty of ways you can get involved and fundraise for your local hospital.

This year we are delighted to extend the cancer services across the Trust with a new Cancer Centre in Solihull which will take some of the pressure off Ward 19 at Heartlands Hospital. With Ward 19's patron Tony Iommi opening the centre, you can read more about it in this newsletter.

The coming months bring with them a whole range of events that you can get involved in to raise money to support patients, staff and families at Heartlands. From taking part in the Simplyhealth Great Birmingham Run

to attending the Charity's very first Drag Night, there are plenty of things you can take part in to raise money for the Charity.

The Charity always loves to hear from you. If you're on social media, make sure you're following our accounts, just search @HHospCharity on Facebook and Twitter to find out more. If you want to get in touch with us, please call the Charity main office on 0121 371 4852, email charities@uhb.nhs.uk or go to hospitalcharity.org.

Heartlands Hospital Charity relies on the support of people like you, without your hard work it would not be possible for the Charity to go 'over and above' for patients at the hospital. I look forward to continuing to hear more inspirational stories from people who have done incredible things to raise money for the Charity.

Mike

Mike Hammond
Chief Executive,
Heartland Hospital Charity

In this issue...

Junior Charity Champs:

Turn to page four to read more about our Junior Charity Champs who have taken on some fundraising challenges to raise money for Heartlands Hospital. You might even be inspired to take on your own challenge after reading about what they got up to.

Children's Appeal:

Turn to pages 10 and 11 to read about how Heartlands Hospital is changing its children's areas thanks to a fundraising appeal. You can see what a difference this will make to children's experiences, as well as their families and the staff who treat them.

Cancer Centre opening:

On pages six and seven you can read more about the new Cancer Centre that opened at Solihull Hospital that will also benefit low risk cancer patients at Heartlands as well. You can see how much the new centre will help the patients in the future.

Staff Superstars:

On pages 12 and 13 you can read about some of the staff who work for the hospital who have taken on fundraising challenges to raise money for the Charity. You can take part in fundraising challenges like these to raise money for Heartlands Hospital as well!



Dates for your diary

Parachute Jump

Various dates throughout 2019,
Hinton Airfield, Oxfordshire

Do something daring and take the plunge for Heartlands Hospital Charity! The Charity runs several tandem parachute jumps throughout the year at Hinton Airfield in Oxfordshire. With experienced instructors, it's a fantastic experience for a worthy cause! A £30 deposit gets you a place on one of our jumps, and then we ask you raise a minimum of £300 in sponsorship.

Please book your place by visiting hospitalcharity.org/events or contact rob.williams@uhb.nhs.uk for more information.



Simplyhealth

Great Birmingham Run

14 October, Birmingham City Centre

The Charity is ecstatic to announce it will again be offering places for the SimplyHealth Great Birmingham Run. The 13.1 mile run is now established as the second biggest half marathon in the UK. Come along and join the incredible atmosphere of the half marathon whilst raising money for patients at the hospital.

Sign up for your place at hospitalcharity.org/events and contact rachel.learmonth@uhb.nhs.uk to receive your free fundraising pack

FESTIVE JUMPER DAY! 14 DECEMBER

Whether you're in the workplace, in school or a member of the community getting into the Christmas spirit, the Charity has its annual Festive Jumper Day this December. The money raised will support the Christmas appeal, helping to bring Christmas cheer to patients in hospital during the festive period. Be sure to send us some photos of your cracking jumpers!

Email sabrina.hussaine@uhb.nhs.uk for more information on how you can get involved in Festive Jumper Day.

Charity Carol Service

13 December
St. Philip's Cathedral, Colmore Row,
City Centre, Birmingham

Join Heartlands Hospital Charity, Solihull Hospital Charity, Good Hope Hospital Charity and the Queen Elizabeth Hospital Birmingham Charity at this year's carol service. The service begins at 7pm. There will be traditional carols, school choirs and local community choirs, following the service the Charity is providing mulled wine and mince pies. To book your place please go to hospitalcharity.org/events for more information

Some of these events may have passed but you can keep up to date with what's happening by visiting hospitalcharity.org/events

Velo Birmingham 2019 12 May 2019

Velo Birmingham returns in 2019 with an exciting new, 100 mile, closed road route around Birmingham and the surrounding areas. This exciting bike ride is perfect for anyone looking for a cycling challenge. The first Velo Birmingham took place in September 2017 and was a huge success, with 1,000 riders taking part for the hospital charity. Take part this year and raise money for the ward or department of your choice at your local hospital. Hospital charity riders will receive a special hospital charity cycling jersey, and access to special hints, tips and training rides to get you ready for the big day.

Visit hospitalcharity.org/events for more information and to learn how to register to take part.

Junior Charity Champs

8 year old Lily chops off her hair for charity!



8-year-old Lily Fitzpatrick was born 15 weeks premature and weighed a meagre 1lb 5oz. After suffering a brain haemorrhage, then contracting necrotising enterocolitis which left her struggling to breathe, Lily was treated at Heartlands Hospital Neonatal Unit and Birmingham Women's Hospital. Fortunately for Lily she is now fit and well and

fundraising for Heartlands Hospital, to give back to the hospital that helped her so many years ago. Lily's latest fundraising mission was to have her very long hair cut off to donate to children with cancer.

Lily's dad, Steve, said: "Lily had very long hair, right down past her bottom, and she asked us if she could have it cut and donate it. My wife and I were so proud of her, and we suggested that she might also like to get sponsors and donate the money to Heartlands as they helped her so much when she was a baby."

Lily and her family raised over £400 towards the Neonatal Unit that will help support babies and their families that are just like the Fitzpatricks.

5 year old Ben completes 5km Mud Run for Neonatal Unit

A big thank you goes to fundraiser Ben who took part in a 5km obstacle Mud Run to raise money for the Neonatal Unit at Heartlands Hospital where he was looked after as a baby.

Ben was born 12 weeks prematurely on 19 November 2012 at Heartlands Hospital weighing just 3lbs 1oz. Baby Ben was taken to the Neonatal Unit where, for the first few weeks of his life, he was in intensive care. Over the next few weeks Ben built up his strength and, a month after being born, he was able to go home.

Ben is now almost six years old and he and his mum Sarah have tirelessly fundraised for the Neonatal Unit at Heartlands. In 2017 they ran together in the 5km Bubble Rush Run

dressed as superheroes despite Ben having broken his foot only a few weeks before! So far Ben and his mum have raised over £1,200!

Sian Averill, Fundraising manager at Heartlands Hospital said: "Ben is a true hero, perhaps in a few years he will take on a marathon for Heartlands Hospital Charity!"



Tricky triathlon is no match for William

William Garner, aged seven, has completed his first ever triathlon and is well on his way to raising £500! William's grandmother has been treated by the staff at



Heartlands Hospital on Ward 19 for the past 20 years for leukaemia. He wanted to raise the money for "Nanny's ward" he told the Charity. William competed in the triathlon on the 'Steel level' despite it being aimed at 8-11 year olds. He completed the 50m open water swim, 2km cycle followed by a 1km run with ease, timing in at an astonishing 18 minutes and 35 seconds!

Sabrina Hussaine, Fundraising Assistant at Heartlands Hospital Charity said: "This is an amazing accomplishment that William has achieved, especially for his age. I look forward to following his progress, well done William!"

5 minutes with...

Clare Beesley
Bereavement Midwife at Heartlands Hospital

We spent five minutes catching up with Clare Beesley, a Bereavement Midwife at the hospital to get to know more about her as well as the important role she plays.

So, Clare, what does your job involve?

Here at the Eden Suite at Heartlands Hospital we support parents when they have had a baby die of neonatal death, still birth or miscarriage. Myself and my team aim to help the parents make memories with their baby in the short space of time they have together. I work closely with the team to educate them on the importance of comforting the families at such a difficult time in their lives.

What does the Eden Suite mean to parents who have lost their child?

The suite is a place where they feel safe. They know they will be cared for not just medically but emotionally too. Our aim is to make them feel loved and not alone during their stay. I want the parents to look back with special memories of the short time they have with their babies and treasure that.

Do you have any fears?

I can't think of any actually... there must be one though.

If you could travel to anywhere in the world, where would it be and why?

It would have to be Walt Disney World Florida with my family, it's magical! I went before I had my youngest child and I'd love to see her face if we go again.

When you were growing up did you always want to have a job in healthcare, if so why?

I was always going to be a children's nurse, midwife or teacher because I wanted to care for people especially children, I'm a caring person by nature so this kind of role was what I naturally ended up doing.



How has Heartlands Hospital Charity made a difference to the job that you do?

Sian Averill, Fundraising Manager, as well as Sabrina Hussaine, Fundraising Assistant, at Heartlands Hospital Charity are so supportive, along with the countless donations from families that help the suite. It's the small things that make a huge difference to parents who are at their most vulnerable. Fortunately for us the Charity is able to provide these 'added extras' that the NHS cannot provide. At the moment there are only three quiet rooms at our suite. We would love to be able to cater for more parents and make them feel as if they are at home and not in a clinical ward, it would ideally be a home away from home where the mothers can recuperate in a safe environment.



You can find out more about how Heartlands Hospital Charity supports the Eden Suite by visiting hospitalcharity.org/edensuite



New cancer open Solihull

Following a £150,000 fundraising campaign by Heartlands Hospital Charity, the new Haema
the cancer services offered at V

The new £2.2 million unit was officially opened by the Chief Executive of University Hospitals Birmingham NHS Foundation Trust, Dame Julie Moore, Black Sabbath legend and Patron of Ward 19 at Heartlands Hospital, Tony Iommi, and Wolverhampton Wanderers goalkeeper, Carl Ikeme.

The unit will offer chemotherapy and other cancer services to low risk patients and has been designed with patients in mind. It is a peaceful and comfortable space, complete with its own garden and a private entrance, giving patients the privacy that they need.

Before the new unit was open, the majority of chemotherapy patients were treated on Ward 19 at Heartlands Hospital, or at the Sheldon Unit at Good Hope Hospital. Recent years have seen a greater need for chemotherapy treatment across the West Midlands, and the new unit will help to take the pressure off Ward 19.



At the official opening of the unit, Dame Julie Moore, Tony Iommi and Carl Ikeme were given a tour of the new facilities by Dr Manos Nikolousis, consultant haematologist and clinical director

for haematology and oncology, and had the chance to meet with the patients and staff to find out what they think about the new unit.

Tony Iommi, Patron of Ward 19 at Heartlands Hospital, said: "It was a privilege to open the new unit and to see the brilliant services on offer. It is such a nice

space and will be a great benefit to patients being treated here. The small things like having a private entrance make a huge difference, helping to reduce stress for people receiving chemotherapy treatment."

Dame Julie Moore stood alongside Tony for the ribbon cutting, and said: "The opening of the new unit is testament to the hard work of the team and has been made possible with the support of Heartlands Hospital Charity. I know it will make a huge difference to our patients being treated for cancer and will help deliver the best treatment outcomes for them."



er centre s at Hospital

matology and Oncology Day Unit has opened at Solihull Hospital, providing an extension of
at Ward 19 at Heartlands Hospital.



Justine Davy, Head of Fundraising at Heartlands Hospital Charity, said: "Tony is a wonderful Patron of Ward 19, the Charity's thanks go to him for holding such a fantastic fundraising lunch that helped to raise £24,000 for the new cancer centre. It was brilliant to see so many people enjoying his stories from an incredible career.

"The hospital charity is committed to providing 'added extras' for patients and staff across Heartlands and Solihull Hospital. The new cancer unit will be a lasting legacy of the generosity of everyone who has donated to the fundraising appeal."

The hospital charity is continuing to provide 'added extras' for staff and patients on the unit, to find out more or to donate, please visit hospitalcharity.org/cancercentre

Heartlands Hospital Charity raised £150,000 to provide state-of-the-art equipment, as well as 24 comfortable treatment chairs for the new unit, receiving donations from hundreds of individual supporters, as well as from corporate donors.

Sian Averill, Fundraising Manager at Heartlands Hospital Charity, said: "The hospital charity is absolutely delighted with the amazing support that it has received for the new cancer centre at the hospital. The £150,000 that the Charity raised has enabled this unit to open, and has meant that patients will be treated using state-of-the-art equipment.

"Huge thanks go to everyone who has helped to support the Charity's fundraising appeal, including the incredible corporate donors, individuals and groups who have all pitched in to help the Charity to provide this incredible new facility."

Tony Iommi is Patron of Ward 19 at Heartlands Hospital, and held a fundraising lunch at the wonderful Opus Restaurant in Birmingham. Alongside a delicious three course meal, Tony entertained guests with stories from his days with Black Sabbath, with a raffle rounding off the afternoon, and signed Black Sabbath memorabilia being won by delighted fans.

Charity Champs

Great grandparents raise money for Neonatal Unit

Great grandparents Peter and Doreen Brayley have donated £1,800 to purchase two breastfeeding recliner chairs for the Neonatal Unit at Heartlands Hospital.

The couples' great grandson, Reggie Curley, was born seven weeks early and spent the first month of his life in the Neonatal Unit, so the couple wanted to give something back to the unit that helped him.

Sabrina Hussaine, Fundraising Assistant at Heartlands Hospital, said: "I would like to say a huge thank you to Peter and Doreen for raising enough money to buy



another two breastfeeding chairs. The breastfeeding recliner chairs allow the mother and baby to sit comfortably when breastfeeding, and have helped to make a huge difference to the unit. This is a wonderful example of the 'added extras' the Charity provides to wards and units that really need them."

Grandmother Sue runs to raise funds for Neonatal Unit!

A big thank you goes to Sue Allen who ran the 10km Knowle Fun Run and raised £1,700 for the Neonatal Unit at Heartlands Hospital whose staff looked after her granddaughter Evelyn Rose when she was born prematurely at 28 weeks and five days weighing just 11lb 12oz.

Sue visited the hospital along with her husband, daughter-in-law Samantha and granddaughter Evelyn Rose to present the donation to the ward and to say thank you to the unit for the support and treatment they gave to Evelyn and their family.

Sian Averill, Fundraising Manager for Heartlands Hospital Charity, said: "The Charity is extremely grateful to Sue for her donation to the Heartlands Hospital Neonatal Unit, huge congratulations on completing the run!"

Long-term patient raises money for Ward 19



A long-term patient at Heartlands Hospital presented a cheque of £1,000 to Ward 19 after hosting a 'fun day' in her garden.

Helen Jenner has been receiving treatment on Ward 19 and for the past four years and hosted the party, complete with a buffet lunch and refreshments, raffle stands, cake stalls and games to play.

Sabrina Hussaine, Heartlands Hospital Charity Fundraising Assistant, said: "On behalf of the Charity I would like to say a huge thank you to Helen for continuing to raise so much money for the Charity which will go towards providing 'added extras' for patients on Ward 19."

Thank you!

Dominoes club raises money for Children's ward

Ian Lomas from Meadway Sports and Social Dominoes Club recently visited the Children's Ward at Heartlands Hospital to hand over a cheque for £460.

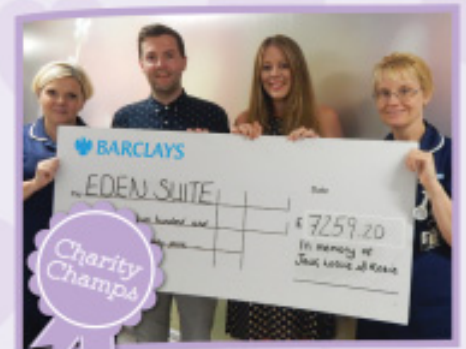
The money was raised by Ian and his team through dominoes tournaments that they hold regularly and this donation brings their total to over £1,000 raised. Previous donations have gone towards buying fans for the ward, towards a sensory trolley and this donation is to go towards the children's garden at the hospital.

Sian Averill, Fundraising Manager for Heartlands Hospital Charity said: "Heartlands Hospital Charity is extremely grateful for the support of Ian and his team. Their dominoes tournaments have raised a lot of money which has helped purchase really useful equipment for the ward."



Couple raise over £7,000 for the Eden Suite

Mike and Cat Blewit have raised over £7,000 for the Eden Suite at Heartlands Hospital, after the sad loss of their triplets following a premature birth. The Eden Suite is a specialised bereavement suite, which allows parents the space and time that they need to come to terms with the loss of a baby. For Mike and Cat, the Eden Suite was



Ward 19 receives donation from Amazon



Ward 19, the dedicated cancer care ward at Heartlands Hospital received a donation of £6,000 from the Amazon fulfilment centre in Rugeley, after Amazon Associate Daniel Emanuel Bogdan was diagnosed with Leukaemia. Daniel's colleagues wanted to support him by giving back to the hospital where he was treated.

The team held a bake sale and made origami stars, raising £3,634 in total. Scott Wharton, General Manager at the Amazon Rugeley fulfilment centre, said: "Amazon was so overwhelmed by the team's

support for Daniel that we decided to top up the donation to £6,000."

The money donated went towards the refurbishment of the new Haematology and Oncology Day Unit at Solihull Hospital, which forms an extension of the services offered at Ward 19. Kathy Holder, who works on Ward 19, said: "Thank you to the team at Amazon for this generous donation. Donations such as this enable us to continue providing our community with the absolute best medical care and patient support as they are treated for cancer."

incredibly important. They said: "This ward allowed us to make memories with our babies for a few days which we will cherish for the rest of our lives. They did this through both amazing care by midwives and support staff, but also through a machine called a CuddleCot which keeps the babies cool, allowing memories to be made. Without the CuddleCot the time you get is extremely limited."

Thanks to the incredible support that the couple received on their crowdfunding page, the money will be used to purchase another CuddleCot for the ward to help other families in the future. Sian Averill, Fundraising Manager at Heartlands Hospital Charity, said: "The Charity is hugely grateful to Cat and Mike for their incredible strength and generosity. The money they have raised will make a huge difference to families in the future."

Thank you!

Heartlands Hospital

Heartlands Hospital Charity's £500,000 Children's Appeal will transform the children's areas across the hospital, making them brighter and more child-friendly, so children feel as comfortable as possible, minimising stress for their parents and the staff who treat them.

Each year, Heartlands Hospital treats 56,000 children, and the Charity is aiming to improve the quality of the children's areas to make the hospital experience more calming for children, complementing the excellent quality of care at the hospital.

With your help, Heartlands Hospital Charity will be able to renovate the relatives' rooms, the garden and the Children's Outpatients Department which will help to create a nicer atmosphere throughout the hospital.

Soon, some families will be able to stay in newly renovated relatives' rooms for free, allowing them to be close to the ward where their child is being treated. The refurbished rooms will offer families a space to clear their heads, to shower and rest or even just have a cup of tea.

The rooms are currently very basic, but with your help, they will be a comfortable oasis of calm. With the support of hundreds of amazing fundraisers, the Charity will refurbish the children's garden area, transforming it into a safe and fun area for children to spend time in the fresh air. The garden will be fully accessible, allowing children in bed to be outside and benefit from a change of environment.



The garden will also have an inside space for sheltered activities which will provide a comfortable place for children who are awaiting surgery. The space will lead to greater physical wellbeing for children, but will also offer staff the opportunity to speak to their patients in a nonclinical environment which may be more comfortable for some of the children.

With 13,500 patients visiting the outpatients department at Heartlands Hospital each year, there are so many children and families that would benefit from a refurbished space to wait in. Once renovated, the department will include new treatment rooms, bright corridors, a waiting area with a TV, comfortable chairs and a large play area. This will benefit all of the children who visit the department, especially those with learning or behavioural difficulties as trips to the hospital can be distressing for them.

Sian Averill, Fundraising Manager at Heartlands Hospital Charity, said: "The Charity is incredibly grateful for the support that it has received so far, and with your continued help, will be able to make life better for children and families who come to Heartlands. The nicer surroundings, toys and games, and the garden will make children feel more at ease, whilst the parents' facilities will reduce stress for them at what can be a very tricky time."

None of this would be possible without your support; there are lots of ways that you can raise money to support the Children's Appeal at Heartlands Hospital. Join one of the fantastic events coming up this year or set up your own fundraising event at work or in the community.

Thank you!

al Children's Appeal

To find out what difference the Children's appeal will make to the children and their parents at Heartlands Hospital, the Charity caught up with some regular patients at the hospital to hear what they had to say about the appeal.



Brothers Charlie and Oliver are both regular visitors to the Children's Outpatients Department at Heartlands Hospital. Charlie is seven years old and has cerebral

area as it not very accessible for him in his wheelchair." Sarah said she is backing Heartlands Hospital Charity's appeal to renovate the children's areas in the hospital as it would provide an accessible play area with suitable games and sensory equipment would make a huge difference to Oliver and Charlie, they would be able to play together and keep each

anxious, especially if they know they will be having a procedure. Toys and games can take away the fear of being in hospital for children which is why refurbishing the children's departments at Heartlands is so important to children like Riley.

We also caught up with Play Specialist Julie Luckman, to ask how she thinks the renovation will benefit patients.

"Some of the children who come to Heartlands are seriously ill and have to stay on the ward for weeks, or even months at a time, so a safe garden area where the children can get some fresh air, spend time with their parents or siblings in a less-clinical area will be invaluable. Sadly, some children will be too ill to leave their beds meaning the garden will be fully accessible so wheelchairs and even beds can be rolled out allowing every child to enjoy time away from the ward. Having a child in hospital can be stressful for parents too, and having an area where they can sit outside and have space to think will allow them to better support their child during a difficult time."



palsy and is a quadriplegic as a result, and Oliver is two and has muscular dystrophy. Their Mum, Sarah, always says how amazing the paediatric staff are with her boys but she said: "Trips to the hospital can be tricky for me as Oliver gets bored waiting for his appointments, and Charlie cannot use the play



other company in a child friendly environment.

Riley is seven years old and he suffers with atopic eczema which means he constantly has eczema with regular flare ups. Riley's treatment involves daily baths, bandages and ointments to try and control the flare ups on his skin. Riley's Dad, Chris, said: "The treatment Riley has received has been life changing and made his eczema manageable." Riley really enjoys the company of the paediatric staff but the limited amount of toys and games provided are not always suitable for a child of his age so do not occupy him whilst he is waiting. Children who are Riley's age have a better understanding of why they are in hospital which can often make them





Staff Superstars



Every day we are delighted to hear from our brilliant fundraisers, who give up their time to support patients at Heartlands Hospital. Included in our wonderful charity champs are our 'staff superstars' who work at the hospital and go over and above to help us fund extra equipment, facilities and research on top of what the NHS is able to provide. In this issue we are saying a



BIG

THANK YOU

to our fantastic staff superstars who have gone over and above to help improve the hospital experience for patients and families. Well done!



The first group of staff from the hospital who deserve thanks for their amazing fundraising are the 39 members of staff from Critical Care at Heartlands and Good Hope who took on the 10km Wolf Run in Leamington Spa, raising £3,871.

The team were inspired to take on the challenge when Clinical Practitioner Dean Naylor, and Nurse Rachel Sawbridge were together on a night shift.

Dean said: "We wanted to do something for the hospital charity to raise funds for our department and we thought the Wolf Run sounded fun and definitely hard enough to make people want to sponsor us!"

The team had great fun on the

day, completing the challenge whilst raising money to support patients at the hospital, Fundraising Manager Sian Averill said: "The Charity's thanks go to the huge critical care team that took on the Wolf Run; they really did go over and above to support their patients!"

Another group of staff at Heartlands who deserve superstar status are the maternity team who put on a fun day in July, and also held a Big NHS 7Tea party to raise money for their unit.

The team held their own raffle and baked and sold cakes to

raise money. The team have also previously taken on Mount Snowdon and Wolf Runs! Sabrina Hussaine, Fundraising Assistant at Heartlands Hospital Charity, said: "Huge thanks go to the maternity team for all their hard work in fundraising for the department!"

There is plenty of sporting talent at Heartlands Hospital, with a team from Resus taking part in the Great Birmingham 10K to raise funds for the Children's Garden at Heartlands Hospital and to celebrate the 70th birthday of the NHS.

The sporty team raised an amazing £1,085, which will help to provide



superstars



the play equipment and facilities for the refurbishment of the children's garden at the hospital.

Another amazing member of staff who deserves a shout out is Stacey Shaw who is a Sister on the Neonatal Unit.

Stacey is always looking for ways to improve patient care and last year introduced the 'Prem Pals' scheme, where families who have children who were under the care of the neonatal unit write letters to current families to share their experiences and give them hope. Recently, Stacey organised a 'Mini's First Miles' event for families and



babies who have been discharged but are still part of the community team. The first event saw families walk a mile around Castle Vale, with the event raising £1,000. Well done Stacey!

The Play Team work on the children's wards and are responsible for making children's stays in hospital as fun and enjoyable as possible.

From bringing pantomime performers to the wards, to keeping up with the latest DVDs and video games, the team are always looking for new ways to keep the children happy. The team are keen fundraisers, putting on a Big NHS 7Tea party, organising fundraising dinners and working with local companies and community groups to raise awareness of the hospital charity. Play specialist Chris Morrell raised money to provide an adolescent room on the ward for children over the age of 12, complete with a TV, PlayStation and music system. Sian Averill, Fundraising Manager at Heartlands Hospital Charity,

said: "Chris and the Play Team are incredibly dedicated to their jobs, and the fundraising they have done has enabled them to provide even more activities for the children they look after."

Tea, cake and biscuits are sometimes the keys to fundraising success, as the team from Ambulatory Care discovered when they put a hospital charity donation tin next to the tea trolley in the department.

The team have raised £158 in only a short amount of time!



The 70th anniversary of the NHS saw departments and wards around the hospital put on Big NHS 7Tea parties to raise money for the hospital charity.

Huge thanks go to every team who took part, with special thanks to the team of admin staff from Devon House who raised £345 and had a queue coming out of the door for their delicious cakes and samosas! The money that the team raised was split between the elderly care team, the Children's Department, and the Neonatal Unit.

If you know a staff superstar who needs some recognition for their amazing work, then email us on charities@uhb.nhs.uk. If you've been inspired by the staff superstars featured in this issue, then head to hospitalcharity.org where you'll find plenty of fundraising ideas and events that you can try.

Thank you!

Heartlands Where your money

Thanks to your generous donations, Heartlands Hospital Charity has been able to go 'over and above' for departments throughout the hospital, benefitting patients and staff.

The Charity has funded sky tiles for each cubicle in the Children's A&E department and in the main reception area.

The tiles are being used as a distraction and comforting tool for the children who are waiting and being treated in these departments. The Charity has also

funded a big skylight in the main waiting room to brighten up the area, which is especially important when children have been taken ill during the night as it can be a scary experience for them. Sabrina Hussaine, Fundraising Assistant for Heartlands Hospital Charity, said: "It is so much nicer to have a

brighter area for the children whilst they are waiting for their appointments, it can feel less daunting to them and the sky tiles provide a distraction to take their mind off their treatment."

Sabrina Hussaine, Fundraising Assistant for Heartlands Hospital Charity, said: "It means so much to new mums on the Neonatal Unit to have the comfort of the new breastfeeding chairs, they have been a huge help and make a huge difference to the unit."



Thanks to donations, the Charity has been able to fund six new breastfeeding chairs for the Neonatal Unit so mother and baby can sit comfortably when breastfeeding.

It has been proven that 'Kangaroo Care' (skin on skin) can make a huge difference to a poorly baby's recovery and sometimes mums are asked to do this for hours at a time which can be uncomfortable in normal chairs, so the new breastfeeding chairs really help in these situations.



Thank you!

Heartlands Money has been spent



would not have been picked up before. Dr Delal said: "All in all, the Faxitron Machine will enable us to provide better patient care in smaller waiting times, with more accurate treatment plans to ensure a more positive outcome."

Fundraising Manager at Heartlands Hospital Charity, Sian Averill, said: "The hospital charity is delighted to have been able to fund the incredible Faxitron machine. The machine will make a huge difference to patients at Heartlands Hospital, reducing the amount of time that patients are waiting for their results."



The Charity has been able to fund Glideaway® beds for patients' families at Heartlands Hospital.

The beds are folding guest beds that can be used all across the hospital and are designed for daily use for patient's families. The beds also conform to the infection control and health and safety regulations and provide a service 'over and above' for patients and their families. Alyson John, Bereavement Sister at Heartlands Hospital, said: "I am delighted that we now have so many Glideaway® beds here at Heartlands Hospital. We have many patients who benefit greatly from having a family member staying nearby, and now thanks to these beds the family member can get some proper rest."

Heartlands Hospital Charity has funded a new machine that will help doctors in the fight against breast cancer.

The Faxitron machine provides X-ray images of sample tissue so that the doctors can identify and target breast tumours more easily, and more accurately. As the Faxitron machine can identify tumours very quickly, it will mean that there is a shorter lead time, and patients will receive quicker results. The results will be more accurate than ever before, and the machine allows the team to focus on a targeted area, and to identify extra tumours or areas of concern that



All you need to know about contacting the hospital charities

If you would like to get in touch with Heartlands Hospital Charity, Good Hope Hospital Charity or Solihull Hospital Charity, the names and numbers you need are included here in our handy tear-off guide:

Main office:

Tel: Charity Chief Executive - Mike Hammond 0121 371 4852
Head of Fundraising - Justine Davy 0121 371 4852
Email: charities@uhb.nhs.uk
Website: www.hospitalcharity.org

Heartlands Hospital Charity

Tel: 0121 424 0606 or 07407 635 081
Email: Fundraising Manager - Sian Averill sian.averill@uhb.nhs.uk
Website: www.heartlandshospital.org.uk

Solihull Hospital Charity

Tel: 0121 371 4852 or 07920 756 709
Email: Fundraising Manager - Sam Howell samantha.howell@heartofengland.nhs.uk
Website: www.solihullhospital.org.uk

Good Hope Hospital Charity

Tel: 0121 371 4852 or 07512 141 432
Email: Fundraising Manager - Laura Power laura.power@uhb.nhs.uk
Website: www.goodhopehospital.org.uk

If you work at any of the three hospital sites and receive queries or donations, please give us a call on the main office number and we will come and see you. Thanks!

Thank
you!



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Hospital
Charity**



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heartlandshospital.org.uk