




love Solihull

Solihull Hospital Charity Newsletter

 SHospCharity  @SHospCharity  solihullhospital.org.uk

 Solihull
Hospital
Charity
Issue 4

Black Sabbath legend Tony Iommi opens new cancer centre at Solihull



Find out how you can join our events and support patients at the hospital!

Thank
you!

Queen Elizabeth Hospital Birmingham Charity, Heartlands Hospital Charity, Good Hope Hospital Charity and Solihull Hospital Charity are working names of University Hospitals Birmingham Charity, a company limited by guarantee in England (No 10094000) and a charity registered in England and Wales (No 1165716). Registered Office: Fifth Floor Nutfield House, Queen Elizabeth Hospital, Birmingham, B15 2TH.

Mike's letter



Thank you!

What we do at Solihull Hospital Charity

Together with your help we raise money to provide world-class facilities for patients and their families at Solihull Hospital that go 'over and above' what the NHS can provide. We spend your generous donations on refurbishing patient and family areas, providing 'added extras' that help make patients more comfortable and entertained at the hospital, and providing toys and games for children, making trips to Solihull Hospital easier for them and their parents.

Hello and welcome to the fourth edition of Love Solihull, the official newsletter of Solihull Hospital Charity. This edition is packed with news from the Charity and updates on where your money has been spent, including incredible stories from fundraisers who have done amazing things to support staff and patients at the hospital.

2018 marked the 70th Anniversary of the NHS and there are still plenty of ways that you can fundraise for your local hospital in this momentous year. Read on to find out where the money that has already been raised has been spent at Solihull Hospital.

Solihull Hospital Charity is delighted to have raised £150,000 to fund the new Cancer Centre at the hospital, which will take pressure off Ward 19 at Heartlands Hospital. The Centre has been created to extend the services across the Trust and reflects the growing need across the West Midlands. Read more about the new centre in this newsletter!

The coming months bring with them a whole range of events that you can get involved in to raise money to help support patients, staff and families at

Solihull Hospital. From taking part in the Simplyhealth Great Birmingham Run to attending the Charity's very first Drag Night, there are plenty of ways you can take part and fundraise for your local hospital.

The Charity always loves to hear from you. If you're on social media, make sure you're following our accounts; just search @SHospCharity on Facebook and Twitter to find out more. If you want to get in touch with us, please call the Charity main office on 0121 371 4852, email charities@uhb.nhs.uk or go to hospitalcharity.org.

Solihull Hospital Charity relies on the support of people like you, without your hard work it wouldn't be possible for the Charity to go 'over and above' for patients at the hospital. I look forward to continuing to hear more inspirational stories from people who have done incredible things to raise money for the Charity.

Mike

Mike Hammond
Chief Executive,
Solihull Hospital Charity

In this issue...

Glideaway® beds arrive at hospital

Solihull Hospital has taken delivery of a number of Glideaway® guest beds that will allow visitors to the hospital to stay in comfort near their loved one. Turn to page four to find out more.

Children's Appeal:

Turn to pages 10 and 11 to read about how Solihull Hospital is changing its children's areas thanks to a fundraising appeal. You can see what a difference this will make to children's experiences, as well as their families and the staff who treat them.

Cancer Centre opening:

On pages six and seven you can read more about the amazing new Cancer Centre that has opened at Solihull Hospital. You can read more about how the unit has already helped patients and given them the privacy they need during their treatment.

Sainsbury's Appeal:

Turn to page 15 to read about the new partnership Solihull Hospital has with Solihull Sainsbury's and how they will be supporting the Children's Appeal throughout their store to help renovate the children's areas in the hospital.



Dates for your diary

Friends of Solihull Hospital

Join the Friends of Solihull Hospital for their upcoming events.

23 September: Skittles and fish & chip night.
Tickets are £8.50 per person.

3 November: Quiz night and Ploughmans Supper,
Tickets are £8.50 per person.

Charity Fashion Show by Edinburgh Woolen Mills
and Reiker Shoes, date TBC.

All events will be held at the WI Hall, Warwick Road,
Solihull. For more information, or to book your
tickets contact Liz Steventon on 07909912525.

You can also join the team on Christmas Eve as they
deliver Christmas presents to patients and staff at
the hospital. Contact Liz for more details.



Simplyhealth

Great Birmingham Run

14 October, Birmingham City Centre

The Charity is ecstatic to announce it will again be offering places for the SimplyHealth Great Birmingham Run. The 13.1 mile run is now established as the second biggest half marathon in the UK. Come along and join the incredible atmosphere of the half marathon whilst raising money for patients at the hospital.

Sign up for your place at
hospitalcharity.org/events and contact
rachel.learmonth@uhb.nhs.uk
to receive your free fundraising pack

FESTIVE JUMPER DAY!

14 DECEMBER

Whether you're in the workplace, in school or a member of the community getting into the Christmas spirit, the Charity has its annual Festive Jumper Day this December. The money raised will support the Christmas appeal, helping to bring Christmas cheer to patients in hospital during the festive period. Be sure to send us some photos of your cracking jumpers!

Email sophie.carroll@uhb.nhs.uk for more information on how you can get involved in Festive Jumper Day.

Some of these events may have passed but you can keep up to date with what's happening by visiting hospitalcharity.org/events

Velo Birmingham 2019

12 May 2019

Velo Birmingham returns in 2019 with an exciting new, 100 mile, closed road route around Birmingham and the surrounding areas. This exciting bike ride is perfect for anyone looking for a cycling challenge. The first Velo Birmingham took place in September 2017 and was a huge success, with 1,000 riders taking part for the hospital charity. Take part this year and raise money for the ward or department of your choice at your local hospital. Hospital charity riders will receive a special hospital charity cycling jersey, and access to special hints, tips and training rides to get you ready for the big day.

Visit hospitalcharity.org/events for more information and to learn how to register to take part.

Charity Carol Service

13 December

St. Philip's Cathedral, Colmore Row,
City Centre, Birmingham

Join Solihull Hospital Charity, Heartlands Hospital Charity, Good Hope Hospital Charity and the Queen Elizabeth Hospital Birmingham Charity at this year's carol service.

The service begins at 7pm. There will be traditional carols, school choirs and local community choirs, following the service the Charity is providing mulled wine and mince pies. To book your place please go to hospitalcharity.org/events for more information

New Glideaway® Guest beds arrive at hospital thanks to Charity donations

A delivery of new Glideaway® beds has arrived at Solihull Hospital that will make a huge difference to patients' families who need to stay overnight at the hospital.



Glideaway® beds are special folding guest beds that can be used on wards to allow patients' families to stay at their side whilst they are in hospital.

The Glideaway® beds are designed for daily heavy duty use and conform to the strict infection control and health and safety standards set by the hospitals, whilst offering a comfortable night's sleep for people of all ages. The beds will allow more family members to stay alongside their loved ones whilst they are being treated, and this will be particularly important on the palliative care and children's wards.

Andrew Clements, Head of Operations at Solihull Hospital said: "I am delighted that we now have so many additional Glideaway® beds here at Solihull Hospital. We have many patients

who benefit greatly from having a family member staying nearby, and now thanks to these beds the family members can get some proper rest, rather than staying up all night sleeping in an uncomfortable chair.

"The beds are fantastic for staff as well as patients, as we can easily transport them to the ward or bay where they are needed and they're easy to keep clean and to store. On behalf of all of the staff at Solihull Hospital, Heartlands Hospital and Good Hope Hospital, I would like to

thank the hospital charity, and their supporters, for enabling us to have these additional Glideaway® beds."

Jitan Vadgama, Operations Director at GP Care Systems, made a visit to Solihull Hospital alongside his Managing Director, John Miller, to see the beds in their new home, and to speak to the members of staff who will be using them on their wards. Jitan said: "GP Care Systems is incredibly proud to have provided an additional 80 Glideaway® beds to the Charity this year, for use at the three hospital sites.

"This follows 44 beds being provided in 2016 to the Charity for the Queen Elizabeth Hospital. The Glideaway® bed is a really high quality product that is suitable for daily heavy duty use and is designed to be incredibly durable, we have beds still in service that were purchased some 25 years ago.

"I was delighted to hear Alyson speaking of the difference that the beds will make to patients and their families across the three hospitals. My wife gave birth to our daughter last year at our local hospital and from personal experience, it's virtually impossible to sleep on a chair comfortably. We are very happy to be able to provide this level of comfort to those families who really should not need to worry about comfort during their time in hospital. Congratulations to the Charity for putting things in place that really do go 'over and above' to help patients, visitors and staff."

Mike Hammond, Chief Executive of the hospital charity said: "I am delighted that the Charity has been able to fund the additional Glideaway® beds for Solihull, Heartlands and Good Hope Hospital. The Glideaway® beds will make a huge difference to families visiting their loved ones across the three hospitals."

Thank you!

Your donations help the Charity to provide 'added extras' such as Glideaway® beds for patients and their families.
Visit hospitalcharity.org to find out more, or to donate.

5 minutes with...

Gemma Hughes

Manager of the Haematology & Oncology Day Unit

We spent five minutes catching up with Gemma Hughes, who is the manager of the new cancer centre at Solihull Hospital, to find out what her job involves!

Hi Gemma, what is your role at Solihull Hospital?

Hi there, I am the Manager of the Haematology & Oncology Day Unit, which involves co-ordinating the care of patients receiving chemotherapy treatment, anti-cancer therapies as well as supportive medications for patients with Haematological disorders, tumours and non-malignant conditions. I manage a group of amazing, highly skilled nurses and a great support team to ensure that patients get the best care when receiving these treatments.

That sounds great, what do you like most about your job?

It is a great job! I love the interaction I get with our patients, we get to know them well over the course of the treatment with us and I have a particular passion in developing our team members and seeing them grow in confidence. Their enthusiasm makes my job a lot easier!

How will the new cancer centre benefit patients?

One of the reasons that it was essential that we expanded our services across the Trust was that we had outgrown the service we had, we struggled with capacity planning, which meant longer waiting times, more patient delays and the environment suffered because of the volume of patients we had to treat. The new unit allows for the pressure to be taken away from Ward 19 and the Day Unit, allowing for other services to grow into this space. It also gave us the opportunity to give patients a nicer environment to receive treatment and this was one of the priorities in the planning stages. The new unit enables us to treat more patients, with less delay, reduces

our waiting times and is more relaxing, aesthetically pleasing and comfortable.

When you're not busy working, what do you like to do in your spare time?

I have a three year old son, so when I am not at work I am usually running round after him, building train tracks or playing games. I also love the chance to binge watch a good TV series when he is in bed.

When you were growing up, did you always have ambitions to work in healthcare?

My mom has been under the care of cancer services since I was 11, nursing was something I always considered to be my path and this speciality was particularly close to my heart.

Solihull Hospital Charity raised £150,000 to support the new cancer centre thanks to its amazing supporters.

What would you say to someone who was considering donating to the Charity?

As much as the new unit is making a massive difference, cancer service develops so quickly and there is always more that we can do to improve the service, develop the skills and knowledge of our staff and provide the best environment we can for the patients



in our care. I would encourage people to donate to the hospital charity to allow this to happen, and also to support our team in their fundraising efforts in the future.





New cancer open Solihull

Following a £150,000 fundraising campaign by Solihull Hospital Charity, the new
an extension of the cancer services off

The new £2.2 million unit was officially opened by the Chief Executive of University Hospitals Birmingham NHS Foundation Trust, Dame Julie Moore, Black Sabbath legend and Patron of Ward 19 at Heartlands Hospital, Tony Iommi, and Wolverhampton Wanderers goalkeeper, Carl Ikeme.

The unit will offer chemotherapy and other cancer services to low risk patients and has been designed with patients in mind. It is a peaceful and comfortable space, complete with its own garden and a private entrance, giving patients the privacy that they need.

Before the new unit was open, the majority of chemotherapy patients were treated on Ward 19 at Heartlands Hospital, or at the Sheldon Unit at Good Hope Hospital. Recent years have seen a greater need for chemotherapy treatment across the West Midlands, and the new unit will help to take the pressure off Ward 19.



At the official opening of the unit, Dame Julie Moore, Tony Iommi and Carl Ikeme were given a tour of the new facilities by Dr Manos Nikolousis, consultant haematologist and clinical director for haematology and oncology, and had the chance to meet with the patients and staff to find out what they think about the new unit.

Tony Iommi, Patron of Ward 19 at Heartlands Hospital, said: "It was a privilege to open the new unit and to see the brilliant services on offer. It is such a nice space and will be

a great benefit to patients being treated here. The small things like having a private entrance make a huge difference, helping to reduce stress for people receiving chemotherapy treatment."

Dame Julie Moore stood alongside Tony for the ribbon cutting, and said: "The opening of the new unit is testament to the hard work of the team and has been made possible with the support of Solihull Hospital Charity. I know it will make a huge difference to our patients being treated for cancer and will help deliver the best treatment outcomes for them."

Solihull Hospital Charity raised £150,000 to provide state-of-



er centre & at Hospital

New Haematology and Oncology Day Unit has opened at the hospital, providing
care at Ward 19 at Heartlands Hospital.



said: "Tony is a wonderful Patron of Ward 19, the Charity's thanks go to him for holding such a fantastic fundraising lunch that helped to raise £24,000 for the new cancer centre. It was brilliant to see so many people enjoying his stories from an incredible career.

"The hospital charity is committed to providing 'added extras' for patients and staff at Solihull Hospital. The new cancer unit will be a lasting legacy of the generosity of everyone who has donated to the fundraising appeal."

The hospital charity is continuing to provide 'added extras' for staff and patients on the unit, to find out more or to donate, please visit hospitalcharity.org/cancercentre

the-art equipment, as well as 24 comfortable treatment chairs for the new unit, receiving donations from hundreds of individual supporters, as well as from corporate donors.

Samantha Howell, Fundraising Manager at Solihull Hospital Charity, said: "The hospital charity is absolutely delighted with the amazing support that it has received for the new cancer centre at the hospital. The £150,000 that the Charity raised has enabled this unit to open, and has meant that patients will be treated using state-of-the-art equipment.

"Huge thanks go to everyone who has helped to support the Charity's

fundraising appeal, including the incredible corporate donors, individuals and groups who have all pitched in to help the Charity to provide this incredible new facility."

Tony Iommi is Patron of Ward 19 at Heartlands Hospital, and held a fundraising lunch at the wonderful Opus Restaurant in Birmingham. Alongside a delicious three course meal, Tony entertained guests with stories from his days with Black Sabbath, with a raffle rounding off the afternoon, and signed Black Sabbath memorabilia being won by delighted fans.

Justine Davy, Head of Fundraising at Solihull Hospital Charity,

Charity Champs

HSBC Volunteers go 'over and above' for Solihull Hospital



15 staff members from HSBC kindly volunteered on International Nurses Day to help support the hospital and thank the staff all whilst raising money towards the Haematology and Oncology Day Unit.

Throughout the day, the volunteers handed out boxes of chocolates to the wards and tidied up the garden area for the stroke unit patients. They also sold some deliciously yummy cakes and charity raffle tickets.

The day overall was a roaring success and staff as well as patients thoroughly enjoyed themselves. In total they raised £1,210.54, all monies have been donated to the Haematology and Oncology Day Unit.

Jamila Birch, who organised the day said: "It was such a fantastic day meeting all the staff and making a difference on the wards! We would love to do it again next year."

Breast Friends Solihull raises an incredible £10,000 to provide two new cancer centre chairs



Representatives from Breast Friends Solihull, a support group organised by volunteer women who have all been treated for breast cancer, visited Solihull Hospital to present a cheque for an incredible £10,000. The money that was donated will provide two chemotherapy chairs for the cancer centre at the hospital.

Breast Friends Solihull has worked closely with the Charity in the past, funding equipment to support breast cancer services at Solihull Hospital.

Lorraine Ashford, from Breast Friends Solihull, said: "We were all delighted to be able to donate this money to Solihull Hospital Charity's appeal to help fund the new cancer centre at the hospital. Breast Friends Solihull works to provide friendship, emotional and practical support to women with breast cancer and their families."

The money raised helped the Charity towards achieving its £150,000 donation for the Oncology and Haematology unit at Heartlands Hospital.

Help Harry Help Others donates £20,000 towards new day unit

Solihull Hospital Charity received an amazing £20,000 towards its appeal to help fund the new cancer centre at Solihull Hospital thanks to the Help Harry Help Others (HHHO) Cancer Charity.

Georgina Moseley, the mother of the inspirational Harry Moseley, made a trip to Solihull Hospital to present the cheque to Charity Fundraising Manager Samantha Howell. The money that has been donated will help to pay for four of the 24 new chemotherapy chairs that will be in the unit.

Georgina said: "I am delighted to have been able to support Solihull Hospital Charity's appeal to bring the new chemotherapy unit to



the hospital. I would like to thank everyone who has donated to HHHO and have allowed us to change lives and to ensure cancer patients and their families get the best possible support where needed."

Rob Eley presents a cheque to the hospital charity following donations made in memory of his late wife Catherine

Catherine, who served as a police officer, was diagnosed with cervical cancer in 2011, following the birth of their son.

Catherine went on to receive brachytherapy and chemotherapy on Ward 19 at Heartlands Hospital in 2012. Following further radiotherapy and the removal of her lymph nodes, Catherine was given the all-clear.

Alongside Catherine and their friends, family and Rob's former ice hockey team, they raised £50,000 for Ward 19 which funded the Chemotherapy at home nurses who deliver treatment to patients in the comfort of their own homes.

Sadly, Catherine's cervical cancer returned and she passed away in early 2018, aged 39. Over 600 people attended the funeral, with the Police giving her a fitting send-off.

Donations totalling an amazing £5,200 were made at the funeral and Rob decided to split the money between the MacMillan nurses at Solihull Hospital who helped Catherine in the latter stages of her treatment, and Ward 19 at Heartlands Hospital.



Thanks to the generosity of Rob and Catherine's friends and family, the MacMillan nurses will be purchasing two reclining chairs for patients to use at home as well as helping patients of Ward 19 all across the Midlands.

Thank you!

The Get A-Head Charity make kind donation

The Solihull 7 support cancer centre



The Solihull 7 is made up of 7 Lions clubs across Solihull – Castle Bromwich, Marston Green, Solihull, Shirley, Balsall Common, Knowle and Dorridge and Birmingham Exhibition Lions.

The Solihull 7 came together to make a donation of £5,000

to fund a chair space at the Haematology and Oncology Day Unit at Solihull Hospital.

Jaap De Jonge, Zone C Chair, set up the meeting with the Solihull 7 as many members of the Lions Club had received cancer treatment, and wanted to donate to Solihull Hospital Charity to help make a difference to patients with cancer.

Jaap said "We are delighted to help Solihull Hospital Charity purchase a chemotherapy chair for the new Haematology and Oncology Day Unit. We wanted to help local people at our local hospital."



Solihull Hospital Charity received an incredible £20,000 donation from the Get A-Head Charity in Solihull.

The donation helped to purchase another four chairs spaces for the new Haematology and Oncology Day Unit at Solihull Hospital.

The chair spaces include a state of the art chemotherapy chair, a comfortable relatives chair, a table, a cabinet for the patients to place their valuables on, drip stands and a chemotherapy pump.

Louise Newton, Charity Manager from Get A-Head Charity, said "The Charity is over the moon to present the £20k donation to Solihull Hospital Charity, we are very happy to help the Charity purchase another four-chair spaces to the new Haematology and Oncology Day Unit, it makes such a difference to our patients".

Solihull Hospital

Solihull Hospital Charity has launched an ambitious fundraising appeal to completely renovate the children's areas at the hospital, transforming the spaces where the 17,000 children who visit the hospital each year are treated.

The appeal is raising money to refurbish five consultation rooms, the waiting area, the treatment room and the playroom in the Children's Outpatients Department, making them much more child-friendly. This renovation will complement the amazing quality of care that is on offer in the department.

The refurbishment will transform the department, and is being designed with children in mind. There will be activities aimed for all ages, from a soft play area for toddlers, through to a chill-out area complete with TV and games consoles for the older children and teenagers who visit the hospital.

Not only will this renovation make the department look and feel



more welcoming, it will have a positive impact on the children who visit. For many children, a visit to Solihull Hospital Children's Outpatients Department is their first experience in a hospital. This can be a scary and unsettling time for them. Currently, the unit feels very clinical but once the renovations have taken place, the space will offer a calming environment where children can take their minds off their treatment.

The refurbishment of the department will have a big impact on the staff that work in the department, as well as the children who are treated there. Dr Deepak Parasuraman, who works in the Children's Outpatients Department, said: "It is a real privilege to be a

part of the Children's Outpatients Department at Solihull hospital; I treat such a range of children with a diverse range of needs and I am proud to be able to provide such a necessary service to young people in and around Solihull.

"However, the department needs a renovation to bring the standard of the surroundings up to that of the care on offer. New wall decorations, a more comfortable waiting room, and new modern toys will act as a welcome distraction to children visiting the department allowing parents to relax, and the staff to treat their children as quickly and efficiently as possible."

With your help, the renovation will change the experiences of parents and children who visit the department on a regular basis.



Tonia Sciladone makes regular trips to Solihull Hospital with her son Lucio and his older brother

Children's Appeal



Rocco. When asked about what the renovation would mean to her, Tonia said: "My son Lucio is four years old and has been coming to Solihull Hospital regularly since he was just 11 weeks. Lucio has a rare form of epilepsy that means that he has fits every day. Over the

years, we have spent a lot of time coming to the hospital, and we will be visiting regularly in the future for Lucio's check-ups.

"Lucio has got used to coming to the hospital, but he gets bored whilst waiting, as does his older brother Rocco who often has to

join us. I'm supporting Solihull Hospital Charity's campaign to renovate the Children's Outpatients Department, as the new toys and equipment will make a massive difference to children like Lucio. Sensory equipment will help to keep Lucio calm before his appointments, making things easier for him and the wonderful nurses and doctors who treat him."

Samantha Howell, Fundraising Manager at Solihull Hospital Charity said: "The Charity is incredibly grateful to Tonia for her kind support of the appeal to renovate the Children's Department at the hospital. The renovations will make a huge difference to families like Tonia's, easing stress not just for the children who are treated here, but for their parents and guardians who accompany them."

How to get involved

There are plenty of ways that you can get involved to help Solihull Hospital Charity to raise £250,000 to fund these renovations. You could take part in one of the Charity's fantastic events, such as a skydive or a running event, to raise sponsorship, simply head to hospitalcharity.org/events to find out more and to sign up.

Alternatively, why not hold your own fundraising event? Sign your colleagues up for a dress-down day, hold a bake sale in your community or do something more adventurous! The money that you raise will help Solihull Hospital Charity to provide a beautiful environment for the 17,000 children who are treated at the hospital each year.

Lots of people have already got involved with the Children's appeal, raising money to improve services for children at their local hospital. Fundraising Manager Samantha Howell said: "The Charity's thanks go to all of the incredible supporters who have got involved in raising money for the renovations. In particular, I'd like to thank Solihull School for their ongoing support, and the Yorkshire Bank for the kind donation of £1,000. None of this would be possible without the Charity's supporters."

To find out more about the Children's appeal, or to donate, visit hospitalcharity.org/childrenandyoungpeople

Staff Superstars

Every day we are delighted to hear from our brilliant fundraisers, who give up their time to support patients at Solihull Hospital. Included in our wonderful charity champs are our 'staff superstars' who work at the hospital and go over and above to help us fund extra equipment, facilities and research on top of what the NHS is able to provide. In this issue we are saying a

medical care, but looking after patient wellbeing.

Ann organises afternoon teas for her patients, and comes up with new and unique ways to keep everyone on the ward entertained, such as dressing in old-fashioned nurses uniforms to bring back patient's memories and put a smile on their faces. Samantha Howell, Fundraising Manager at Solihull Hospital Charity said: "Ann is a well-deserved staff superstar, who always goes 'over and above' for her patients!"

commitment to fundraising for the hospital charity.

Phil organises raffles and other fundraising events to help raise money for activities, reminiscence items and dementia friendly items for his patients to use. Samantha Howell said: "Huge thanks go to Phil for all his hard work in fundraising for the hospital charity, his hard work has helped to provide important items for the patients that he treats!"

Another member of staff at Solihull Hospital who deserves special recognition as a staff superstar is Laura Bird, Sister at the new Haematology and Oncology Day Unit at Solihull Hospital.

BIG

THANK YOU

to our fantastic staff superstars who have gone over and above to help improve the hospital experience for patients and families. Well done!

Thank you!

The first staff superstar that we are saying thank you to in this edition is Ann Bocock, the Senior Ward Manager on Ward 20a at Solihull Hospital and works hard to put her patients first, not just in terms of their



Phil Hall is a senior nurse for Dementia and Elderly Care at the hospital, and was nominated for staff superstars by his colleagues due to his



Laura has been a keen runner for some years, and since working at the new cancer centre has decided to take on the Great Birmingham Run to raise money for

superstars

the hospital charity. Laura said: "I'm looking forward to seeing where the money I raised gets spent; the items will help to improve services for patients in the centre." Well done Laura!



Laura is not the only running star working at Solihull Hospital!

Jan Biggs, Clinical Nurse Specialist in the Oncology Department at the hospital completed the Reading half marathon and raised £362 for the palliative care team at the hospital. Jan has worked for the Trust for 10 years, across Solihull, Heartlands and Good Hope, and retired in September in order to go travelling with her husband. Over the years, Jan has been an incredible support to so many families and will be greatly missed at the hospital.



The final staff superstar of this edition is Florence Haslem, who is a housekeeper on Ward 8 at Solihull Hospital.

Flo is a keen supporter of the hospital charity, and was the driving force behind a number of cake sales that were held on the ward in support of the Big NHS 7Tea Party that marked the 70th anniversary of the NHS. Flo



decided that just selling cakes was boring, so brought in a popcorn and hotdog cart as well! Flo's efforts raised a fantastic £600 which will help to provide 'added extras' for her ward. Thank you Flo!



If you have come across a staff member at Solihull Hospital who you think deserves to be recognised as a staff superstar, then please get in touch with the Charity to nominate them!

Find us on social media or contact samantha.howell@heartofengland.nhs.uk



Where your money has been spent

Thanks to the generosity of hundreds of supporters, Solihull Hospital Charity is able to provide 'added extras' for staff, patients and their families around the hospital. Here are some examples of just some of the items that the Charity has been able to fund.

Community nursing team receive new bags

The Adult Community Nursing Service for Solihull make over 4,500 scheduled home visits per week as well as any urgent visits that need to be made. Solihull Hospital Charity has funded new nursing bags, that can be carried like rucksacks, to allow the nurses to carry all of the equipment that they need in a convenient bag that meets infection control standards. The bags leave hands



free for getting about and have compartments that are velcroed within the bag, making it easier for the nurses to access the equipment that they need. Samantha Howell, Fundraising Manager at Solihull Hospital Charity said: "The Charity is delighted to support the incredible work of the community nurses by providing their new bags. The bags are incredibly practical and allow nurses to focus on treating their patients."

New ECG machine helps renal patients

The renal unit at Solihull Hospital now has a new ECG machine

thanks to donations to the hospital charity. An ECG machine monitors heart rate, and is used as part of the treatments offered on



the ward. The new machine has replaced an older model, and staff on the ward were incredibly grateful to the patients of the ward who had donated to the hospital charity in order to purchase this new piece of equipment.

Ward receives new china tea set

Ward 20a at Solihull Hospital frequently hold tea and cake parties for their elderly patients, which are very popular amongst patients and staff alike. Sadly, the only tea pot that they had on the ward had broken, meaning that the staff could not hold proper tea parties any longer. Solihull Hospital Charity was able to purchase a new china tea set for the wards, so that patients could continue to be served tea and cake in the proper manner. Samantha Howell, Fundraising Manager at Solihull Hospital Charity said: "The Charity is delighted to have been able to provide the tea set for the ward, to allow staff to continue to go 'over and above' for their patients."

Cloud Kits to help young children come to terms with cancer

Solihull Hospital Charity has purchased a selection of Cloud Kits for the Haematology and Oncology Day Unit at the hospital. The Cloud Kits are a selection of items, toys and materials that are designed in an age-appropriate fashion, to help young children whose parents have been diagnosed with cancer to understand it better. They are designed to be used in the home, and help children to communicate with their families about cancer, and the treatments that their parent will receive.



Samantha Howell, Fundraising Manager at Solihull Hospital Charity said: "The Cloud Kits are really useful tools in helping young children to come to terms with cancer, and to improve communication between parents and their children. The Charity is proud to have been able to support the Cloud Kits, and help to make the cancer journey just a little easier for families."

Solihull Hospital Charity receives backing from Sainsbury's

Solihull Hospital Charity is delighted to announce a new partnership with Sainsbury's that sees the hospital charity become chosen as the Charity of the Year for the supermarket in its Solihull store.

Sainsbury's Solihull will be supporting the Charity's Children's appeal, helping to raise the money that the Charity needs to renovate the children's department at the hospital. With the partnership having started in July 2018, Laura Summers, Community Champion at Sainsbury's in the Solihull area was excited to launch the partnership, saying: "Everyone at Sainsbury's across the Solihull area is really excited for this partnership. We have been holding regular charity events across the stores, and will continue to do so over the coming months."

Sainsbury's has been supporting the Charity by providing donations to Charity raffles, holding bag packing sessions at the stores, and taking donations at the tills. The staff at the site have also been throwing themselves into fundraising, and will be taking part in the Charity's Festive Jumper Day on 14 December.

Samantha Howell, Fundraising Manager at Solihull Hospital Charity said: "The hospital charity is incredibly grateful to Sainsbury's for choosing to support patients at



to improve services for children at the hospital." Laura Summers, Community Champion at Sainsbury's Solihull said: "Solihull Hospital is incredibly important to the staff members and customers across our Solihull store. Most of us have a family member or close friend who has been treated at the hospital, and the hospital is close to many people's hearts. It has meant a lot to us to be able to support Solihull Hospital Charity."

If you are shopping in Sainsbury's in Mell Square, Solihull, then you will be able to find out when the next fundraising event is!

Thank you!

the hospital this year through their charity partnership. It has been fantastic to see staff and customers at Sainsbury's take part in the fundraising efforts, the money that is raised will help the Charity

All you need to know about contacting the hospital charities

If you would like to get in touch with Solihull Hospital Charity, Heartlands Hospital Charity or Good Hope Hospital Charity, the names and numbers you need are included here in our handy tear-off guide:

Main office:

Tel: Charity Chief Executive - Mike Hammond 0121 371 4852
Head of Fundraising - Justine Davy 0121 371 4852
Email: charities@uhb.nhs.uk
Website: www.hospitalcharity.org

Solihull Hospital Charity

Tel: 0121 371 4852 or 07920 756 709
Email: Fundraising Manager - Sam Howell samantha.howell@heartofengland.nhs.uk
Website: www.solihullhospital.org.uk

Heartlands Hospital Charity

Tel: 0121 424 0606 or 07407 635 081
Email: Fundraising Manager - Sian Averill sian.averill@uhb.nhs.uk
Website: www.heartlandshospital.org.uk

Good Hope Hospital Charity

Tel: 0121 371 4852 or 07512 141 432
Email: Fundraising Manager - Laura Power laura.power@uhb.nhs.uk
Website: www.goodhopehospital.org.uk

If you work at any of the three hospital sites and receive queries or donations, please give us a call on the main office number and we will come and see you. Thanks!

Thank
you!



**Solihull
Hospital
Charity**

